

Appendix 1: Description of HEDIS Measures

The measures examined from the **Effectiveness of Care Domain** include:

- **Childhood Immunization Status**—the percentage of children that receive the appropriate immunizations by their second birthday
 - Four shots of DTP (diphtheria-tetanus-pertussis) or DTaP
 - Three OPV/IPV (oral or injectable polio virus)
 - One dose of MMR (measles-mumps-rubella)
 - A minimum of two Hib (Haemophilus influenza type B)
 - Three Hepatitis B
 - One VZV (chicken pox)
 - Combination #1—children who have received all the vaccines listed above except for the VZV vaccine
 - Combination #2—children who have received all the vaccines in combination #1 and at least one VZV
- **Adolescent Immunization Status**—the percentage of 13 year-olds that received all of the appropriate immunizations
 - MMR-2 (second dose of measles-mumps-rubella)
 - Three Hepatitis B
 - VZV (chicken pox, if they have not already had the disease)
 - Combination #1—adolescents who received the MMR-2 and Hepatitis vaccines as specified above
 - Combination #2—adolescents who received all the vaccines in combination #1 and at least one VZV
- **Breast Cancer Screening**—the percentage of female members from age 52 to 69 who had at least one mammogram during the past two years
- **Cervical Cancer Screening**—the percentage of women, age 21 to 64, who had at least one Pap test during the past three years
- **Chlamydia Screening in Women**—assesses the percentage of sexually active women, age 16 to 26, who were screened for chlamydia at least once during the measurement year
 - Women age 16-20
 - Women age 21-26
 - Total women age 16-26
- **Controlling High Blood Pressure**—looks at whether blood pressure was controlled among adults, age 46 to 85, who were diagnosed with hypertension
- **Beta Blocker Treatment After a Heart Attack**—looks at one way of preventing a second heart attack—it estimates the number of members, ages 35 and older, who were discharged from the hospital after surviving a heart attack and subsequently received a prescription for a type of drug called a beta blocker (excluding those members who have a valid reason to not take the drug)
- **Cholesterol Management After Acute Cardiovascular Events**—assesses two components of cholesterol management for persons who are known to have heart disease by virtue of having had an acute cardiovascular event within the prior year
 - LDL-C screening
 - LDL-C level below 130 mg/dL
- **Comprehensive Diabetes Care**—looks at how well a health plan cares for common and serious chronic diabetes in members age 18 to 75
 - Glycohemoglobin (HbA1c) blood test
 - Poorly controlled diabetes (HbA1c>9.5 percent)

- LDL-C screening
- LDL-C levels (LDL-C <130 mg/dl)
- Eye exam
- Kidney Disease Screening
- **Use of Appropriate Medications for People with Asthma**—evaluates whether members with persistent asthma are being prescribed medications acceptable as primary therapy for long-term control of asthma
 - Age 5-9
 - Age 10-17
 - Age 18-56
 - Combined ages
- **Follow-up After Hospitalization for Mental Illness**—looks at the continuity of care for mental illness by estimating the percentage of members, age six or older, who were hospitalized for selected mental disorders and were subsequently seen on an outpatient basis by a mental health provider after their discharge
 - 30 day follow-up
 - 7 day follow-up
- **Antidepressant Medication Management**—looks at whether people treated with drugs for depression are getting good care
 - Optimal Practitioner Contacts for Medication Management—at least three follow-up office visits
 - Effective Acute Phase Treatment—three months
 - Effective Continuation Phase Treatment—six months

Measures examined from the **Access/Availability of Care** domain include:

- **Adults' Access to Preventive/Ambulatory Health Services**—indicates whether adult members are getting preventive and ambulatory services from their plan and looks at the percentage of members who have had a preventive or ambulatory visit
 - Age 20-44
 - Age 45-65
 - Age 65 and older
- **Children's Access to Primary Care Practitioners**—looks at visits to pediatricians, family physicians and other primary care providers as a way to assess general access to care for children
 - Age 12-24 months
 - Age 25 months-6 years
 - Age 7-11
- **Prenatal and Postpartum Care**
 - Timeliness of prenatal care—the percentage of pregnant women who began prenatal care during the first 13 weeks of pregnancy or within 43 days of enrollment if a woman was more than 13 weeks pregnant when she enrolled
 - Postpartum care—the percentage of women who had live births and who had a postpartum visit between 21 days and 56 days after delivery