



# Health Care Reform

## Preventive Drug Coverage Guidelines

Updated September 2017

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The following four categories and related drugs are clinical recommendations in the ACA. They are included in the ACA as preventive services. The ACA was passed in 2010.

### Breast Cancer Prevention

Prescribe for women who are at increased risk of breast cancer (5-year risk of three percent or greater) and at a low risk for adverse drug effects. This applies to women without symptoms age 35 years or older. Also, they should not have a prior diagnosis of breast cancer, ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS). These drugs should not be used in women who have a history of thromboembolic events (deep venous thrombosis, pulmonary embolus, stroke, or transient ischemic attack).

Medications	Coverage Guideline	Age Guideline
<b>tamoxifen</b>	20 mg daily for up to 5 years	Women, age 35 and older
<b>raloxifen</b> (Evista equivalent)	60 mg daily for up to 5 years	Postmenopausal women

### Cardiovascular Disease Primary Prevention

To prevent cardiovascular events and mortality, prescribe low-to-moderate statins for adults without a history of cardiovascular disease when they 1) are 40 to 75 years of age, 2) have greater than or equal to one risk factor, such as dyslipidemia, diabetes, hypertension, or smoking, and 3) when the calculated 10-year risk of a cardiovascular event is greater than or equal to 10 percent.

Medications	Coverage Guideline	Age Guideline
<b>Atorvastatin</b>	10-20 mg for moderate-intensity regimen	Adults aged 40-75 years
<b>Lovastatin</b>	20 mg for low-intensity regimen 40 mg for moderate-intensity regimen	Adults aged 40-75 years
<b>Pravastatin</b>	10-20 mg for low-intensity regimen 40-80 mg for moderate-intensity regimen	Adults aged 40-75 years
<b>Rosuvastatin</b>	5-10 mg once daily for moderate-intensity regimen. Quantity Limits apply.	Adults aged 40-75 years
<b>Simvastatin</b>	10 mg for low-intensity regimen 20-40 mg for moderate-intensity regimen	Adults aged 40-75 year



### Colorectal Cancer Screening

Medications	Coverage Guideline	Age Guideline
<b>Bowel Prep: Peg 3350/electrolytes solution and trilyte</b>	Limited to 2 fills/calendar year	Covered for screening for colorectal cancer in adults between the ages of 50 and 75.

### Heart Attack Prevention

Medications	Coverage Guideline	Age Guideline
<b>Aspirin</b>	Prescribe when potential benefit (due to reduced heart attacks) outweighs the potential harm (due to an increase in GI hemorrhage) in men ages 45-79 years and women ages 55-79 years.	Aspirin is covered for pregnant women who are at high risk for preeclampsia and for men between the ages of 45 and 79.

### Smoking Cessation

Medications	Coverage Guideline	Age Guideline
<b>bupropion</b> (Zyban equivalent) <b>Nicotrol Nasal Spray</b> <b>Nicotrol Inhaler</b> <b>Nicotine Kits</b> <b>nicotine patch</b> (Nicoderm equivalent) <b>nicotine gum</b> (Nicorette equivalent) <b>nicotine lozenge</b> (Commit equivalent) <b>Chantix</b>	Provide tobacco cessation intervention to those adults that use tobacco products. Includes FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications)	18 years and older



## Vitamins and Minerals

Medications	Coverage Guideline	Age Guideline
<b>Fluoride</b>	Prescribe to preschool children older than 6 months of age whose primary water source is deficient in fluoride.	Fluoride needs to be covered for children of both sexes: ages 0 months to five years.
<b>Folic Acid</b>	Prescribe to women planning or capable of pregnancy as a daily supplement containing 0.4 to 0.8 mg (400 to 800 ug) of folic acid.	No age guidelines.
<b>Iron</b>	Prescribe to children aged 6 to 12 months who are at increased risk of iron deficiency anemia.	Iron needs to be covered for children of both sexes: ages 0 months to 1 year.
<b>Vitamin D 400unit &amp; 1000unit</b>	Covered for men and women 65 years or older.	Prevention of falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.