

# Pilot Programs Report & 2020 Proposals

## Item 5B: Group Insurance Board

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# Action Needed

ETF requests the Board approve the following pilot programs to be offered by health plans in benefit year 2020:

- Network Health Diabetes Prevention Program (DPP);
- Network Health/Delta Dental Evidence-Based Integrated Care Program (EBICP) coordination;
- Dean Health Plan acupuncture benefit

ETF further requests the Board continue existing pilot programs through 2020

# Background

- Pilot language added to contracts in 2018
- No cost to the Board
- Means of testing new benefits
- Pilot programs first offered in 2019

# 2019 Pilot Programs: WEA Trust

## Livongo for Diabetes

- 17% of eligible members enrolled (314 people)
- Goal = 20% of eligible members (1,800 estimated eligible)
- Cost for WEA to provide = \$42,504

## Kiio back pain program

- 7% of eligible members enrolled (174 people)
- Goal = 10% of eligible members (9,100 estimated eligible)
- Cost for WEA to provide = \$5,670

# 2019 Pilot Programs: Quartz

## MobileBack back pain program

- 158 members enrolled (total eligibility undetermined)
- No specific enrollment goals for Year 1
- Cost to Quartz to provide = \$3,000

# 2019 Pilot Programs: StayWell/Navitus & Dean

## It's Your Health: Diabetes

- Designed jointly by ETF, Navitus, and StayWell
- 22% of eligible members enrolled (399 people)
- ETF Goal enrollment = 25% in Year 1
- 122 members have received cost share reduction on prescriptions

## Dean Living Healthy Plus

- 37 members enrolled
- Costs to plan = <\$100

# Recommendation: Continue Programs in 2020

- Programs will continue to be no cost to the Board
- Allows for an additional year of data to be collected to analyze impact

# 2020 Pilot Proposal Recommendations

## Network Health

- Diabetes Prevention Program
  - Two cohorts of ~24 members each
- Collaboration with Delta Dental to promote Evidence-Based Integrated Care Program
  - Estimated eligible members = 1,500 to 2,000

## Dean

- Acupuncture benefits
  - Estimated 100 to 150 members would use approximately 400 visits





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**Questions?**

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# Thank you

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