# Welcome to the Group Insurance Board

#### May 18, 2022

#### Meeting will begin at: 8:30 a.m.

WI-GUEST WIFI No Password is needed

#### Please Sign In

- Who? All meeting attendees
- Sheet available at the door



#### **Meeting Materials**

• Available at etf.wi.gov



#### Please Silence your Cell Phone

#### Announcements

Item 1 – No Memo



# Consideration of Open Minutes of February 16, 2022 Meeting





Motion needed to accept the Open Minutes of the February 16, 2022 Meeting as presented by the Board Liaison.



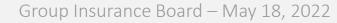
#### May 2022 COVID-19 Update Item 3 – Group Insurance Board

Renee Walk, Lead Policy Advisor Office of Strategic Health Policy



## Informational item only

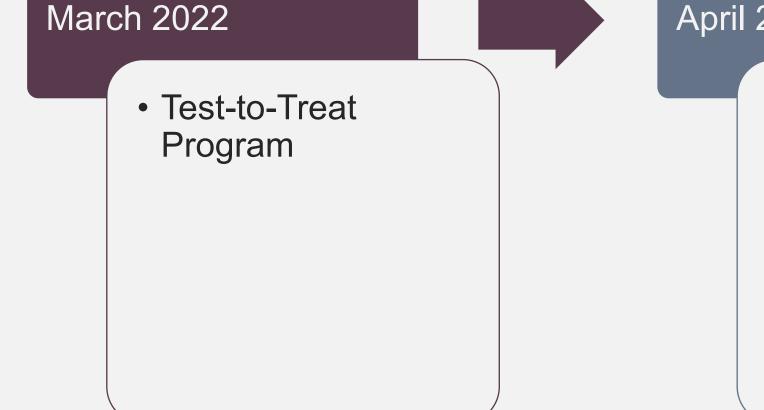
No Board action is required.





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#### Legislative & Regulatory Changes



April 2022

- Public health emergency renewed
- Medicare OTC test coverage
- Pre-deductible telehealth coverage for HDHPs



### **Vaccines & Treatments**

- Two new vaccine EUA candidates
- Slow uptake in vaccines for younger children
- No new COVID-19 treatments authorized



# Long COVID (10/21 – 3/22)

Long COVID is <u>any</u> diagnosis

274 unique patients

1.15 per 1,000 members

\$600,000 total allowed

\$2,189 per patient

Long COVID is primary diagnosis

92 unique patients

0.39 per 1,000 members

\$34,700 total allowed

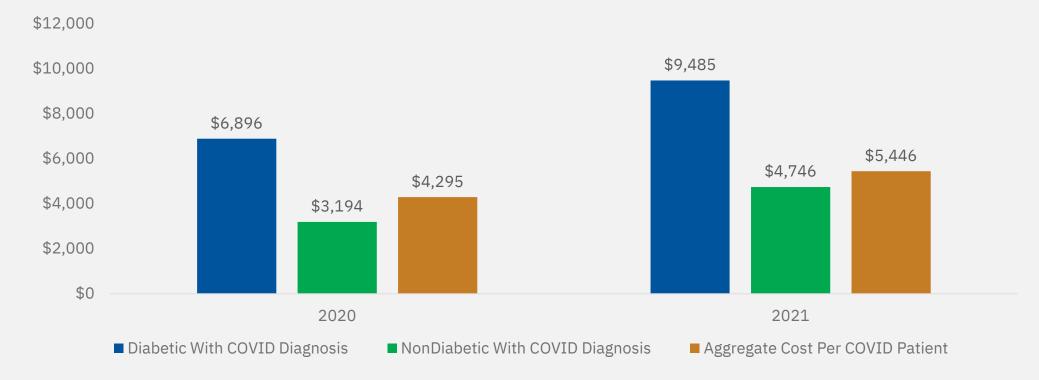
\$377 per patient

(Ref. GIB | 05.18.22 | 3, page 4)



#### **Impact on Diabetic Members**

Diabetic members with COVID more likely to progress in disease state





(Ref. GIB | 05.18.22 | 3, page 5)

Group Insurance Board – May 18, 2022

#### **Cost Impact to Medical and Pharmacy Benefits**

- \$72,447,526 paid in 2020 and 2021
- 18,225 patients
- Higher patient count month: January 2022



## **Additional Cost Impacts**

**COVID Life Insurance Claims as of 5/3/22** 

Group	Number of Claims	Claims in Dollars
Active	40	\$7,707,000
Retiree	394	\$6,672,750
Spouse/Dependent	33	\$585,000
Total	467	\$14,964,750



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# Questions?

#### High Deductible Health Plan Initiative Update Item 4 - Group Insurance Board

Korbey White, Health Program Manager Office of Strategic Health Policy



## Informational item only

No Board action is required.







### Background

- February Board Meeting recommendation
- External stakeholder feedback
  - State employers
  - Local government employers
  - Health Plans
  - Optum Financial





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## **State Employer Feedback**

Member education

#### Evergreen HSA enrollment

#### Training Optum Financial Customer Service

#### Benefits Mentor's Usefulness

(Ref. GIB | 05.18.22 | 4, pages 1-2)

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## Local Employer Feedback

Local Employer Survey

- Distributed to program option P07/P17 (HDHP)
- Two-week turnaround time

#### 58% responded

- Confident explaining HDHP to employees
- Offer webinars to employees
- Currently Offer non-ETF HSA
- Do not offer more than one program option



### **Health Plan Feedback**

Member Education

Offer HDHP in other books of business

HSA Offering outside of GHIP

Member Resources and Benefits Mentor support



### **Optum Feedback**

Discouraged evergreen enrollment Post enrollment audit Reenrollment default choice

Minimum HSA member funding

#### HSA enrollment requirement

(Ref. GIB | 05.18.22 | 4, page 3)

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### **Next Steps**

• ETF is still considering HDHP-specific changes based on stakeholder input and may propose concepts in the future to improve the HDHP product.





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# Questions?

#### 2021 Health Plan Performance Statistics Annual Report Item 5A – Memo Only

Korbey White, Health Program Manager Office of Strategic Health Policy



## Informational item only

No Board action is required.







# 2023 Health Program Agreement Changes

Korbey White, Health Program Manager Office of Strategic Health Policy





ETF recommends the Board approve changing the language in the 2023 Health Program Agreement regarding the timeline of Primary Care Physician (PCP) or Primary Care Clinic (PCC) assignment.





### Background

**Annual Review** 

The Program Agreement (Agreement) outlines the administrative services health plans provide.

ETF presented 2023 proposed Agreement changes suggested by health plans at the February Board meeting.

ETF recommends proceeding with one suggested change to the Agreement.

(Ref. GIB | 05.18.22 | 5B, page 1)

Group Insurance Board – May 18, 2022



## **Program Agreement Change**

The Agreement requires that members have a PCP or PCC assigned while enrolled in the GHIP.

The current language requires plans to follow up within five business days of the receipt of enrollment data.

ETF recommends changing the language to allow time for adding PCPs/PCCs post-open enrollment.

(Ref. GIB | 05.18.22 | 5B, pages 1-2)

Group Insurance Board – May 18, 2022





ETF recommends the Board approve changing the language in the 2023 Health Program Agreement regarding the timeline of Primary Care Physician (PCP) or Primary Care Clinic (PCC) assignment.



# Questions?

# 2023 Health and Pharmacy Benefit Changes

Renee Walk, Lead Policy Advisor Luis Caracas, Health Policy Advisor Tricia Sieg, Pharmacy Benefits Program Manager Office of Strategic Health Policy





ETF requests the Board approve modifications to the Uniform Benefits Certificates of Coverage and the Uniform Pharmacy Benefits as described in the memo provided to the Board.





### Background

Initial change concepts for program year 2023 were presented at the February 2022 Board meeting

ETF reviewed potential changes with employer groups, health plans, and Segal (Board's actuary) and identified a final set of proposed benefit changes

(Ref. GIB | 05.18.22 | 5C, page 1)

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# Health Benefit Changes

Memo Pages 1 - 4



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### **New Definitions and Section**

Update to Usual and Customary Charges

- Aligning language with the No Surprises Act
- "Hold Harmless" and "Post-Stabilization Care"

#### New Section on Balance Billing Rights

- Clarifying limits on patient liability for certain services
- New section describing patient rights



## **Adding Flexibility for Members**

**Remote Patient Monitoring** 

- Modifying the requirement for Remote Patient Monitoring
- Ability for health plans to waive Prior Authorization

#### Primary Care Providers (PCPs) Designated

- Removal of the phrase "at all times"
- More time for members to identify a PCP post-enrollment



## **Therapy Coverage Changes**

Adding a Pulmonary Rehabilitation Therapy Benefit Description

• Specific coverage criteria for these services

Family Therapy

- Remove the exclusion to family therapy
- Clarify coverage in the Mental Health section to support member's treatment plan



### Health Benefit Changes Not Recommended

#### Excluding Coverage of Bariatric Surgery

Adding Home Childbirth/Delivery Coverage Adding Coverage for Infertility Services

Adding Coverage for Peer Support Specialists

#### Adding Coverage for Marriage Counseling

(Ref. GIB | 05.18.22 | 5C, pages 3 - 4)



# Pharmacy Program & Benefit Changes



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### Pharmacy Benefit Changes Recommended

Implementing a Clear Bagging Program Through University of Wisconsin (UW) Specialty Pharmacy

- Currently UW Pharmacy is a Board specialty pharmacy
- Minimal member disruption and change

Updating the Uniform Pharmacy Benefits Certificate of Coverage

- Create a user-friendly, less technical document
- Does not require Board action



### Pharmacy Benefit Changes Not Recommended

Covering Continuous Glucose Monitoring (CGM) devices under only the pharmacy benefit

Adding weight loss drugs to the non-Medicare pharmacy formulary Allowing drug coverage given a lifetime exception an exemption from formulary changes

Implementing a brown bagging program

Beginning a white bagging program

Enacting a separate coinsurance rates for infusions received in an outpatient hospital setting

Permitting home infusions through the pharmacy benefit





(Ref. GIB | 05.18.22 | 5C, pages 6 - 7)



ETF requests the Board approve modifications to the Uniform Benefits Certificates of Coverage and the Uniform Pharmacy Benefits as described in the memo provided to the Board.



# Questions?

# Pilot Programs: Report and Policy Recommendations

Molly Heisterkamp, Disease Management & Wellness Program Manager Tricia Sieg, Pharmacy Benefit Program Manager Renee Walk, Lead Policy Advisor Office of Strategic Health Policy





ETF requests the Board approve edits to the 2023 Program Agreement clarifying pilot program and population health management programming.



## **Clarifying a Pilot Program**

### Allows deviation from Uniform Benefits (UB)

# Includes changes to cost-sharing or covered medical benefits

Does not include educational programs or referrals to other GHIP services/vendors



## **Population Health Management**

Some pilot proposals included population health management programs

Uncertainty about expectations regarding disease management

Added clarity via section G.3. Population Health Management

(Ref. GIB | 05.18.22 | 5D, pages 1 – 2)

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## Long-term Strategy

Activity	Time/Year
Vendor proposes pilot	November, Year 1
Board approves of new pilots	May, Year 2
Vendor implements pilot	Years 3 – 5
Vendor/ETF evaluates pilot	Summer, Year 6
ETF reports impact to the Board	November, Year 6
Board approves inclusion in Uniform Benefits or Discontinue pilot	May, Year 7
Uniform Benefits or Discontinuation	January, Year 8

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(Ref. GIB | 05.18.22 | 5D, page 5, Table 5)

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## **Pilot Programs in Progress**

Vendor	Program	Initial Year Implemented	Potential UB
Dean Health Plan	Living Healthy Plus (diabetes management, reducing cost sharing for related medical services)	2019	2024
	Acupuncture benefit	2020	2025
Network Health Plan	Acupuncture benefit	2021	2025
WebMD (StayWell) & Navitus	It's Your Health: Diabetes (reduced cost sharing for diabetes related pharmaceuticals)	2019	2024



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ETF requests the Board approve edits to the 2023 Program Agreement clarifying pilot program and population health management programming.



# Questions?

### Preliminary Reserve Estimate Item 5E – Group Insurance Board

Eileen Mallow, Director Office of Strategic Health Policy

Kenneth Vieira, Senior Vice President Patrick Klein, Vice President Segal



State of Wisconsin Group Insurance Board Department of Employee Trust Funds

**Reserve Update** 

May 2022/ Ken Vieira and Patrick Klein









- Highlights
- Review of Approved Multi-year Reserve Strategy
- Comparison of Projected & Preliminary 2021 EOY Balance
  - -State
  - -Local
- Questions



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### Highlights

• State 2021 YE fund balance \$206.0M versus the \$201.8M projected at August GIB - \$4.2M Gain

- -Once again driven by investment return exceeding the 7% assumption
- -Loss on pharmacy offset most of the investment gain
- -Medical and Dental projections materialized as expected
- Local 2021 YE fund balance \$16.2M versus the \$14.6M projected at August GIB \$1.7M Gain
   Driven by investment income and pharmacy plan
- The gains above lack the magnitude to materially alter planned buy downs and increases. This funds biggest area of volatility continues to be investment returns.
- Looking forward to 2022, the market has realized negative returns YTD so investment loss expected –Expected 7% vs. Actual YTD -5.7% (Dow Jones as of 4/12/2022)



#### Board Approved Multi-Year Reserve Draw Strategy – Option 4

 This is the approved strategy which targets rate increases of 3.0% using various draws over the next three years—reaching new policy target in 2024 (State). Local draw amount spread out over the three years as well.

			li-year Strategy		
			% of Claims/		
	Balance <sup>1</sup>	Target <sup>2</sup>	FI Premium	Surplus <sup>3</sup>	Draw
2022	<del>\$201.8</del> <b>\$206.0</b>	\$85.5	5.3%	\$116.4	\$27.0
2023	🔶 \$187.1 🔶	\$89.7	5.3%	\$97.3	\$43.0
2024	\$154.1	\$94.2	5.3%	\$59.9	\$59.9
Projected Balance	Balance				
	Loca F	Reserve Mul	ti-year Strategy		
			% of Claims/		
	Balance <sup>1</sup>	Target <sup>2</sup>	FI Premium	Surplus <sup>3</sup>	Draw
2022	<b>\$14.6 \$16.2</b>	\$10.2	5.1%	\$4.4	\$2.5
2023	\$13.0	\$10.7	5.1%	\$2.3	\$1.7
2024	\$12.1	\$11.2	5.1%	\$0.9	\$0.9

#### State Reserve Multi-year Strategy



<sup>&</sup>lt;sup>1</sup> Assumes 7% investment return and no additional gains or losses that would impact the fund balance.

<sup>&</sup>lt;sup>2</sup> Reserve Policy assumed to increase at 5% per year.

<sup>&</sup>lt;sup>3</sup> The Surplus refers to the money in the fund that exceeds the Midpoint Target Reserve at beginning of year (State) or Low End (Local).

# Fund Balance – Projected *State, as of 6/30/2021*

• Using ETF transactional data through 6/30/2021, Segal projected the December ending fund balance.

	Medical	Pharmacy	Dental	Total
Balance 1/1/2021	86.3	100.1	19.6	206.1
Revenue				
Premiums	1,171.4	213.2	61.3	1,445.9
EGWP Subsidy		57.4		57.4
Investment Income	6.2	6.2	1.5	13.8
Total Revenue	1,177.6	276.7	62.7	1,517.0
Expenses				
Paid Claims	1,150.1	368.5	57.4	1,576.0
Admin Costs	17.9	9.0	1.2	28.2
Rebates		(82.9)		(82.9)
Total Expenses	1,168.0	294.6	58.6	1,521.3
Net Income /(Deficit)	9.6	(17.9)	4.1	(4.2)
Balance 12/31/2021	95.9	82.3	23.6	201.8

#### **State Health Reserve (in millions)**



# Fund Balance – Preliminary *State, through 12/31/2021*

• Below are the preliminary State health insurance plan results for the period ending December 31, 2021.

	Medical	Pharmacy	Dental	Total
Balance 1/1/2021	86.3	100.1	19.6	206.1
Revenue				
Premiums	1,165.9	212.2	59.3	1,437.4
EGWP Subsidy		51.6		51.6
Investment Income	10.0	20.4	1.8	32.2
Total Revenue	1,175.9	284.2	61.1	1,521.2
Expenses				
Paid Claims	1,142.7	370.4	55.7	1,568.8
Admin Costs	20.3	9.2	1.3	30.8
Rebates		(78.2)		(78.2)
Total Expenses	1,163.0	301.4	57.0	1,521.4
Net Income /(Deficit)	12.9	(17.2)	4.1	(0.2)
Balance 12/31/2021	99.3	83.0	23.7	206.0

#### **State Health Reserve (in millions)**



# Fund Balance – Gain/Loss *State*

• Below is the Gain/Loss for State health insurance plan for the period ended December 31, 2021.

	Medical	Pharmacy	Dental	Total
Revenue				
Premiums	(5.5)	(1.0)	(2.0)	(8.5)
EGWP Subsidy		(5.8)		(5.8)
Investment Income	3.8	14.2	0.3	18.4
Total Revenue	(1.7)	7.5	(1.6)	4.2
Expenses				
Paid Claims	7.4	(1.9)	1.7	7.2
Admin Costs	(2.4)	(0.2)	(0.1)	(2.6)
Rebates		(4.7)		(4.7)
Total Expenses	5.0	(6.8)	1.6	(0.1)
Gain/(Loss)	3.3	0.7	0.0	4.1

#### **State Health Reserve (in millions)**

• 2021 gain driven by investment income. Meanwhile there was a loss on pharmacy rebates & EGWP subsidy.



# Fund Balance – Projected *Local, as of 6/30/2021*

• Using ETF transactional data through 6/30/2021, Segal projected the December ending fund balance.

	Medical	Pharmacy	Dental	Total
Balance 1/1/2021	(2.3)	16.8	0.1	14.6
Revenue				
Premiums	183.2	34.4	1.9	219.5
EGWP Subsidy		3.1		3.1
Investment Income	(0.1)	1.1	0.0	1.0
Total Revenue	183.1	38.6	2.0	223.7
Expenses				
Paid Claims	180.4	49.8	2.0	232.2
Admin Costs	2.1	0.9	0.0	3.0
Rebates		(11.4)		(11.4)
Total Expenses	182.6	39.2	2.0	223.7
Net Income /(Deficit)	0.5	(0.6)	(0.0)	(0.1)
Balance 12/31/2021	(1.7)	16.2	0.1	14.6

#### Local Health Reserve (in millions)



# Fund Balance – Preliminary *Local, through* 12/31/2021

• Below are the preliminary Local health insurance plan results for the period ending December 31, 2021.

	Medical	Pharmacy	Dental	Total
Balance 1/1/2021	(2.3)	16.8	0.1	14.6
Revenue				
Premiums	183.5	34.4	1.9	219.8
EGWP Subsidy		3.2		3.2
Investment Income	(0.9)	3.5	0.0	2.6
Total Revenue	182.6	41.1	1.9	225.6
Expenses				
Paid Claims	180.8	49.4	1.9	232.1
Admin Costs	2.6	0.9	0.0	3.5
Rebates		(11.6)		(11.6)
Total Expenses	183.4	38.7	1.9	224.0
Net Income /(Deficit)	(0.8)	2.4	0.0	1.6
Balance 12/31/2021	(3.1)	19.2	0.1	16.2

#### Local Health Reserve (in millions)



#### Fund Balance – Gain/Loss *Local*

• Below is the Gain/Loss for Local health insurance plan for the period ended December 31, 2021.

	Medical	Pharmacy	Dental	Total
Revenue				
Premiums	0.3	0.0	(0.0)	0.3
EGWP Subsidy		0.1		0.1
Investment Income	(0.8)	2.4	(0.0)	1.6
Total Revenue	(0.5)	2.5	(0.1)	1.9
Expenses				
Paid Claims	(0.4)	0.4	0.1	0.1
Admin Costs	(0.5)	(0.0)	0.0	(0.5)
Rebates		0.2		0.2
Total Expenses	(0.8)	0.5	0.1	(0.3)
Gain/(Loss)	(1.3)	3.0	0.0	1.7

#### Local Health Reserve (in millions)

• 2021 Gain driven by investment income and slightly lower pharmacy claims than projected.



#### Thank You

#### Kenneth Vieira, FSA, FCA, MAAA

Senior Vice President East Region Public Sector Market Leader kvieira@segalco.com 678.306.3154

#### Patrick Klein, FSA, MAAA

Vice President pklein@segalco.com 678.306.3142



# Questions?

## Recommendations for Vision, Accident, and LTC Plan Contracts for 2023

K Item 6 – Group Insurance Board

Douglas Wendt, Supplemental Plans Program Manager Office of Strategic Health Policy





ETF recommends the Board approve the following contracts for Vision, Accident, and Long-Term Care (LTC) plans effective January 1, 2023.

- Three-year contract with Delta Dental of Wisconsin's DeltaVision plan for Supplemental Vision insurance coverage with the same benefits and premiums.
- Three-year contract with Securian Financial (Securian) for Group Accident Insurance coverage with plan option 2.
- Two-year contract with HealthChoice (as broker) and Mutual of Omaha (as insurer) for LTC insurance coverage.



## **Proposal Timeline**





(Ref GIB | 05.18.22 | 6, Page 2)

Group Insurance Board – May 18, 2022

### **Evaluation Committees**

#### Vision

#### Six members

- Three ETF Staff
- Three Employer representatives
- Three members new since last contract review

#### Accident

#### Four members

- Three ETF Staff
- One Employer representative
- One member new since last contract review

#### LTC

#### Four members

- Three ETF Staff
- One Employer representative
- One member new since last contract review



### **Evaluation Process**

Members reviewed and evaluated each proposal independently

Met in virtual sessions to discuss proposals

Follow-up questions/clarifications sent to proposers

Third-party actuarial review (Vision and Accident)

Group consensus on recommendations



# Vision





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### **Vision Plan Overview**

Supplemental Vision is an employee pay all program

#### Offered to:

- All State active employees
- All retirees (State and Local)
- Local employers that offer the benefit

Provides vision care services and vision hardware benefits



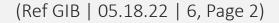
### **Vision Proposals Received**

### Three vendor proposals

# vision care



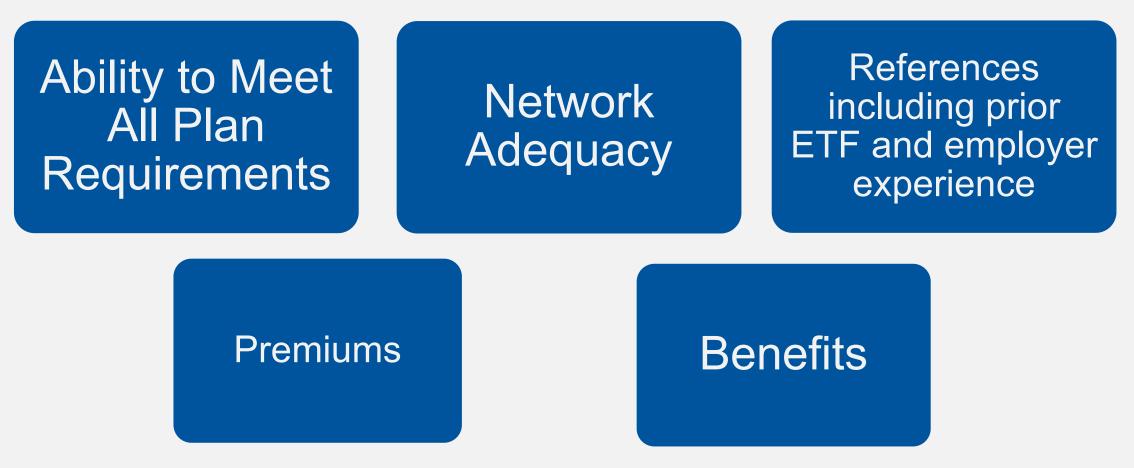




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### **Evaluation Considerations**



(Ref GIB | 05.18.22 | 6, Page 2)



### **Benefit Changes Considered**

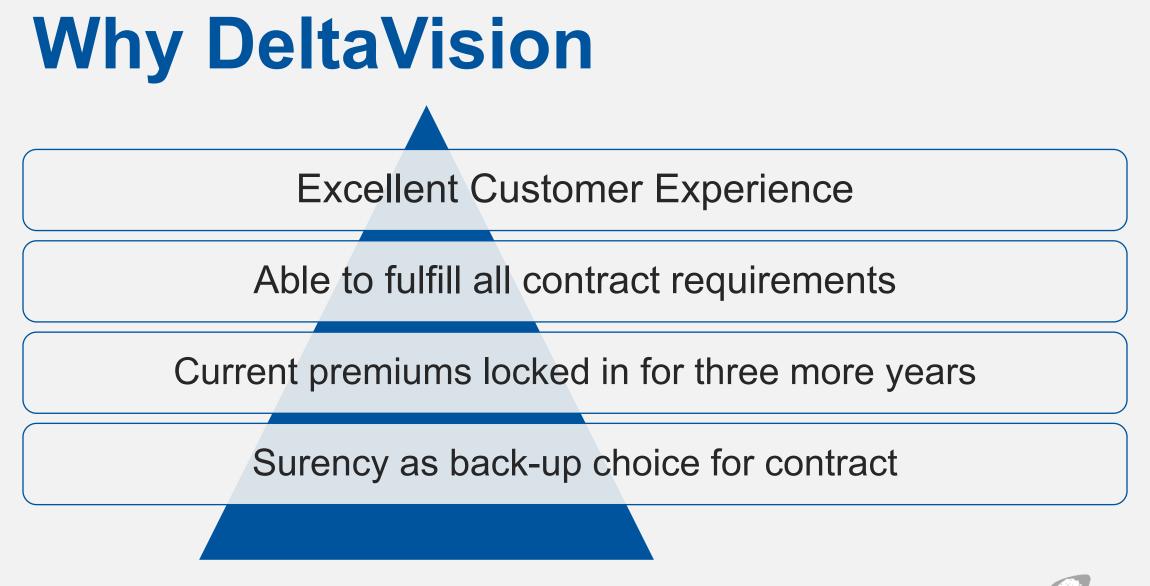
Increase in frame allowances

Special sunglass benefit for people who don't wear glasses

### Reduced out of pocket costs at select providers

(Ref GIB | 05.18.22 | 6, Page 3)





(Ref GIB | 05.18.22 | 6, Page 3-4)



## **Accident Plan**





### **Accident Plan Overview**

The Accident plan is an employee pay all program

#### Offered to:

- All State active employees
- Local employers that offer the benefit

Provides cash payout for accidental injuries and related services



### **One Proposer, Two Plans**

#### Option 1

- Keep current benefit payout levels
- Reduce premiums



#### Option 2

- Increase benefit payout levels
- Keep current premiums

Securian has been an excellent partner in the administration of the plan



## Why Option 2

### Perceived Value

Higher payout for those need to file a claim vs. premium savings

- Maximum premium savings of \$48/year for a family plan
- Most benefits amounts increased by 50%
- Premium comparison table is on page 4 of the memo

### Current premiums can be carried over in HR systems

- Less work for employers to prepare for open enrollment
- Reconfiguration of the benefit payout amounts handled by Securian



## Long-Term Care (LTC)





### **LTC Overview**

The LTC plan is an individually underwritten employee pay all program

#### Offered to:

- State active employees
- State retirees
- Spouses and parents
- Must reside in WI

Provides coverage for infacility or inhome long-term care services



### **LTC Proposals Received**

### **Two Proposals**





(Ref GIB | 05.18.22 | 6, Page 5)

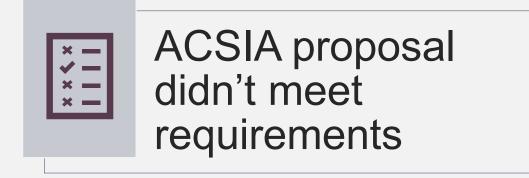


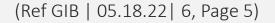
# Why HealthChoice/Mutual Of Omaha



No customer service issues

Has met all of the contractual requirements









ETF recommends the Board approve the following contracts for Vision, Accident, and Long-Term Care (LTC) plans effective January 1, 2023.

- Three-year contract with Delta Dental of Wisconsin's DeltaVision plan for Supplemental Vision insurance coverage with the same benefits and premiums.
- Three-year contract with Securian Financial (Securian) for Group Accident Insurance coverage with plan option 2.
- Two-year contract with HealthChoice (as broker) and Mutual of Omaha (as insurer) for LTC insurance coverage.



# Questions?

## FSA/Commuter Benefits Minimum Election & Carryover

Xiong Vang, HSA & ERA Accounts Program Manager Office of Strategic Health Policy





ETF requests the Board approve a minimum annual election amount of \$50 for flexible spending accounts (FSAs) and commuter benefits with any balances less than \$50 to be carryover into the next plan year, effective January 1, 2023.



# **Current State on FSAs and Commuter Benefits**

Benefits are offered to State employees allowing pre-tax deductions

No minimum annual election or carryover requirement for FSAs or commuter benefit accounts

Carryover amounts are made available to members by April 15

Forfeitures are returned back to the program and held in trust by ETF

(Ref. GIB | 05.18.22 | 7A, pages 1-2)



### **Identify Discrepancies**

In-eligible carryovers	<ul> <li>Members may continue to have carryover balances made available</li> </ul>		
Manual corrections	<ul> <li>Optum must work with the employers to send manual corrections</li> </ul>		
Financial risks	<ul> <li>Members can overspend funds that they were not eligible for</li> </ul>		
De-listing communications	<ul> <li>Members being confused with communications received by Optum</li> </ul>		



## **Historical Carryover Data**

 FSA/Commuter balances under \$50 with no annual election in the new plan year

	2019 Accounts	2019 Carryover into 2020	2020 Accounts	2020 Carryover into 2021	2021 Accounts *	2021 Carryover into 2022 *
FSA	923	\$15,871.87	1,014	\$17,123.32	1,009	\$16,134.70
Commuter			464	\$6,108.56	470	\$6,012.52
Total	923	\$15,871.87	1,478	\$23,231.88	1,479	\$22,147.22

\* Preliminary estimated projection numbers only (excluding terminated employees)



### **Projected Estimated Costs**

Estimated costs on 2021 carryover balances into 2022 if no annual election requirement was made

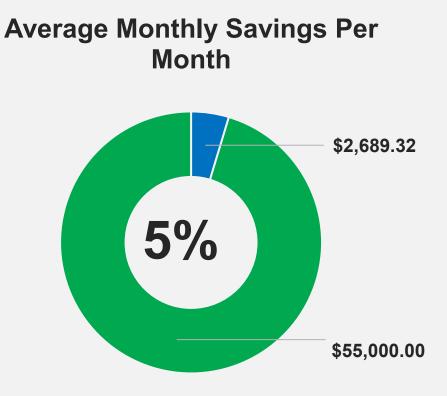
	2021 Accounts *	Admin Fees Per Month	Total Cost Per Month	Total Annual Cost (x12 Months)
FSA	1,009	1.58	\$1,594.22	\$19,130.64
Commuter	470	2.33	\$1,095.10	\$13,141.20
Total	1,479		\$2,689.32	\$32,271.84

\* Preliminary estimated projection numbers only (excluding terminated employees)



### Administrative Fees Saving Per Month

- Total Cost Per Month: \$2,689.32
- Average Admin Fees Per Month: \$55,000
  - \$2.7k divided by \$55k = 5% cost





### **Projected Yearly Cost Maintenance**

Estimated administrative cost for an employee with an FSA and Commuter plan account carryovers

2022	Admin Fee Per Month	Total Annual Cost (Admin Fee x12 Months)
FSA	1.58	\$18.96
Commuter	2.33	\$27.96
		\$46.92

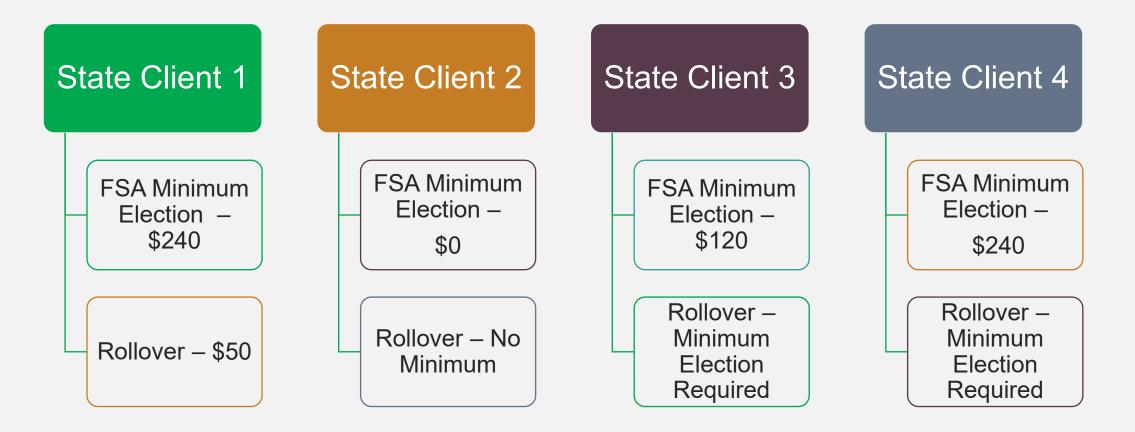


### **Other States and Federal Agency**

Illinois	nois Michigan Minnesota		Office of Personnel Management	
FSA	No FSA	FSA	FSA	
minimum	minimum	minimum	minimum	
election of	election	election of	election of	
\$240	requirement	\$100	\$100	

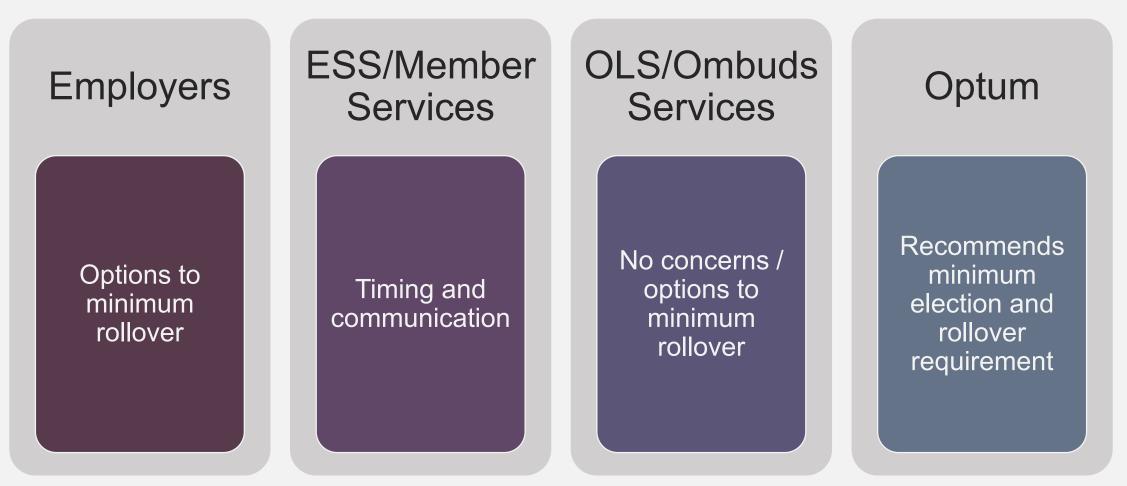


### **Clients of Optum**



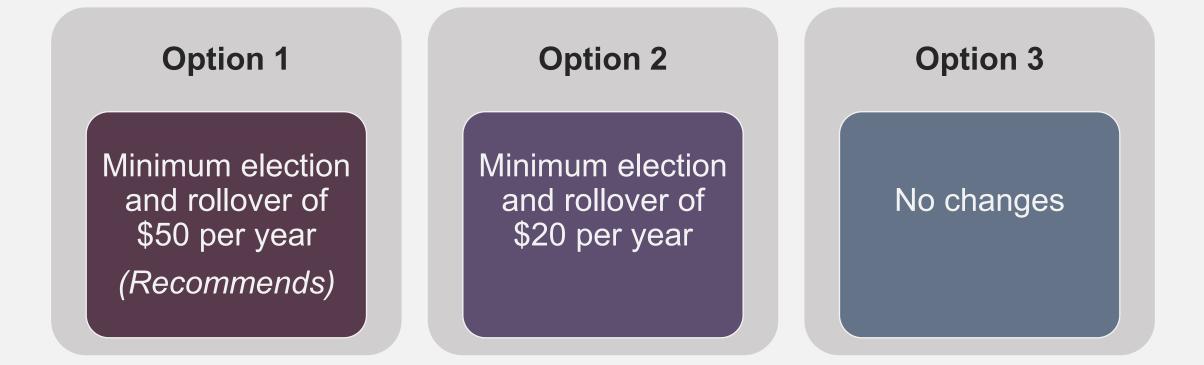


### **Stakeholders Feedback**





### **Proposal Options**



(Ref. GIB | 05.18.22 | 7A, page 5)

Group Insurance Board – May 18, 2022



### **Specifics of Proposal**

All 2022 eligible balances will be carried over into 2023

Amounts less than \$50 by the end of 2023 plan year will require to have a minimum election

Internal control to prevent further discrepancies

(Ref. GIB | 05.18.22 | 7A, pages 4 - 5)





ETF requests the Board approve a minimum annual election amount of \$50 for flexible spending accounts (FSAs) and commuter benefits with any balances less than \$50 to be carryover into the next plan year, effective January 1, 2023.



# Questions?

## Flexible Spending Account Cancellation Rule

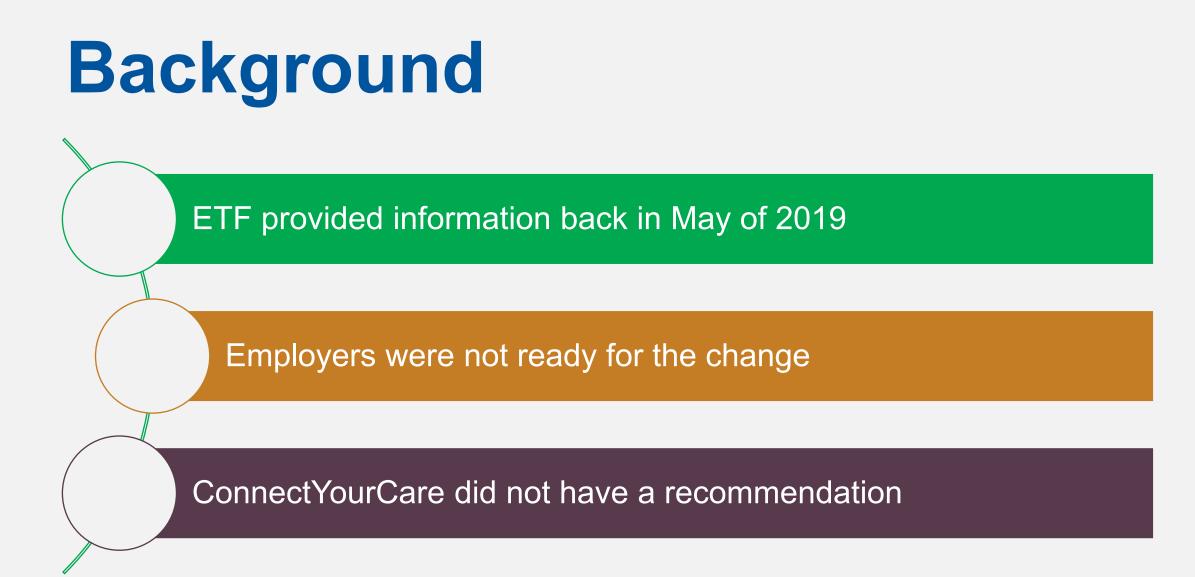
Xiong Vang, HSA & ERA Accounts Program Manager Office of Strategic Health Policy





ETF requests the Board approve modifying the cancellation coverage rule for the FSAs to be effective on the last day of the month in which a participating member cancels or terminates employment beginning January 1, 2023.





Group Insurance Board – May 18, 2022



### **Current FSA Cancellation Rule**

Last day of the month in which FSA contribution occurs

Continues to create administrative challenges

Some payroll systems have limitations with configurations

FSA election amount are funded at the beginning

(Ref. GIB | 05.18.22 | 7B, page 1-2)

Group Insurance Board – May 18, 2022



## **Proposed Change**

FSA cancellation rule to the end of the month in which the employee terminates from position or cancel coverage

Ease administrative work for stakeholders

Improve data quality between employers and Optum

Simplify cancellation rules to be consistent with other benefit plans



### **Other States and Federal Agency**

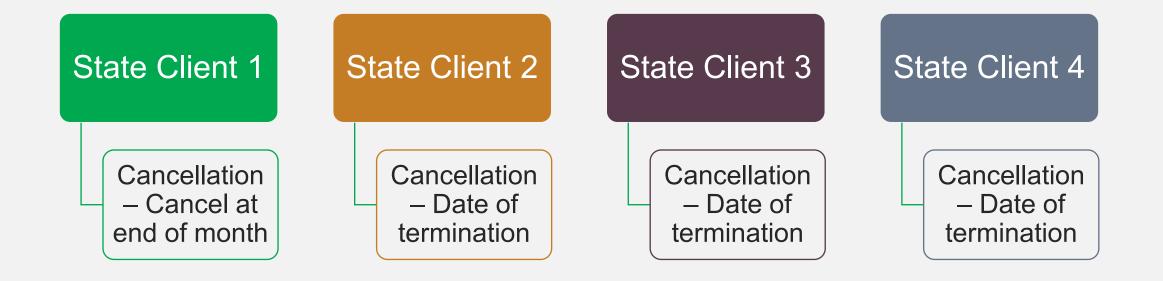
Illinois	Michigan	Minnesota	Office of Personnel Management
Date of	Last day of	Date of	Date of
termination	pay period	termination	termination



Group Insurance Board – May 18, 2022



## **Clients of Optum**





### **Framework and Development**

The date of termination can be additional take-away for members

Does not require employers to perform any development or changes

No concerns to this proposal as it would standardize the cancellation rule

No significant challenges in administering this change

(Ref. GIB | 05.18.22 | 7B, page 3)

Group Insurance Board – May 18, 2022



# **Communication Strategy**

May 18, 2022 Group Insurance Board June 2022 – December 2022

Employers/Members Outreach January 1, 2023 FSA Cancellation Rule Effective Date









ETF requests the Board approve modifying the cancellation coverage rule for the FSAs to be effective on the last day of the month in which a participating member cancels or terminates employment beginning January 1, 2023.





# Questions?

# Optum Contract Extension Item 7C – Group Insurance Board

Xiong Vang, HSA & ERA Accounts Program Manager Office of Strategic Health Policy





ETF requests the Board approve a second two-year extension for the following ETF contracts:

- Health Savings Accounts (HSA)
- Section 125 Cafeteria Plan and Employee Reimbursement Accounts (ERA)
- Commuter Fringe Benefit Accounts

With Optum for the period January 1, 2024, through December 31, 2025.

If the Board decides against the extension, ETF requests approval to prepare an RFP for the contracts.



# **Contract Terms**

Contract Terms	HSA	Section 125/ERA	Commuter Benefits
Original Contract Term	May 7, 2019 – December 31,2021	May 7, 2019 – December 31,2021	May 7, 2019 – December 31,2021
First Extension ( <i>Approved February</i> 17, 2021)	January 1, 2022 – December 31, 2023	January 1, 2022 – December 31, 2023	January 1, 2022 – December 31, 2023
<b>Second Extension</b> ( <i>Request May 18,</i> 2022)	January 1, 2024 – December 31, 2025	January 1, 2024 – December 31, 2025	January 1, 2024 – December 31, 2025



# **Current State of Pre-Tax Savings Accounts**

Optum continued to partner and improve benefits program with ETF

CYC was acquired by Optum in November 2020

Optum call center customer service level decreased end of 2021

Stakeholder reported fewer issues related to FSA unsubstantiated claims

Optum provided training and materials to employers and members

(Ref. GIB | 05.18.22 | 7C, page 2)

Group Insurance Board – May 18, 2022 115



# **2021 Deliverables**



(Ref. GIB | 05.18.22 | 7C, pages 2 - 3)

Group Insurance Board – May 18, 2022



# **Claims Process Performance**

Claims Process			Pass with no exceptions	
Process Accuracy	Financial Accuracy	Claims Processing Time	Claims Processing System Availability	Participant Reimburse- ment

(Ref. GIB | 05.18.22 | 7C, page 3) – Attachment A

Group Insurance Board – May 18, 2022



# **Customer Service Performance**

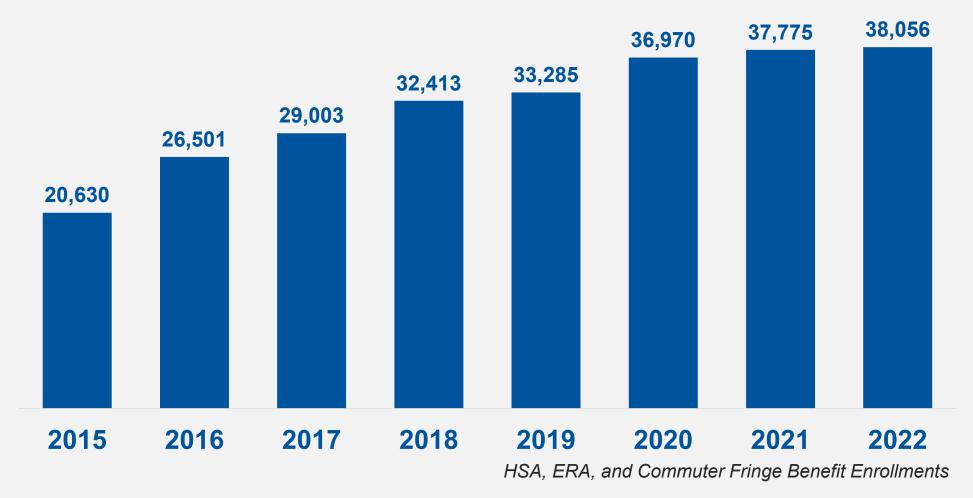
C	usto	mer Service				
	т	Answer imeliness Service	Call Abandonment Rate		Resolution Around-Time	Electronic Written Inquiry Response
		Exceptions		Pass with no exceptions		



Group Insurance Board – May 18, 2022



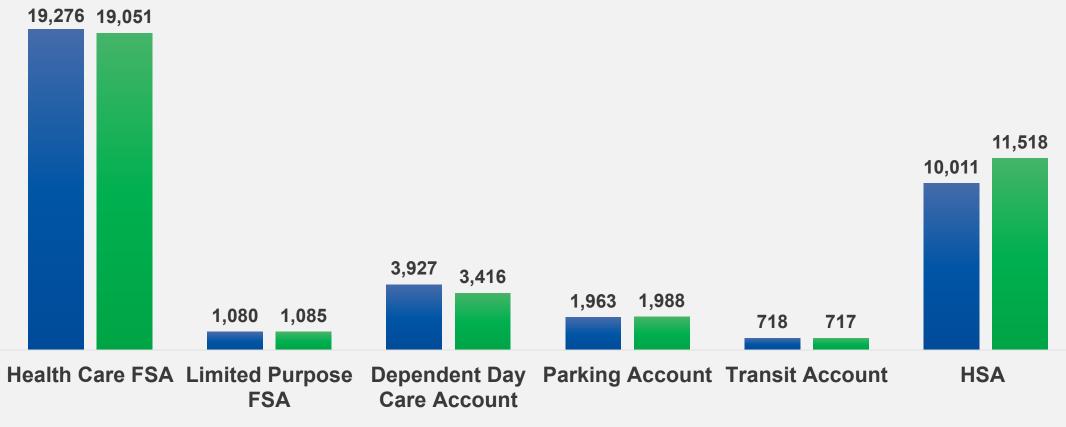
# **Overall Participation Enrollment**







# **2020-2021 Participant Enrollment**



**2020 2021** 



# **2021 Contributions and Savings**



2021 Program Stats Report

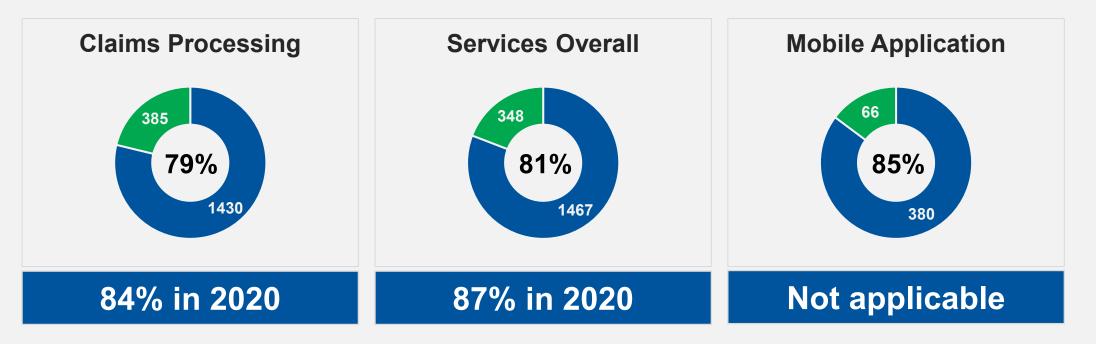
(Ref. GIB | 05.18.22 | 7C, page )

Group Insurance Board – May 18, 2022



# **Member Survey Results**

1,830 participants completed the survey in 2021 plan year (16% responded)





# **Employer Survey Results**

76% of the employers are satisfied with Optum's services overall

67% and 71% find the materials for employers and members easy to understand

Submitting FSA claims and requirements continues to be a challenge

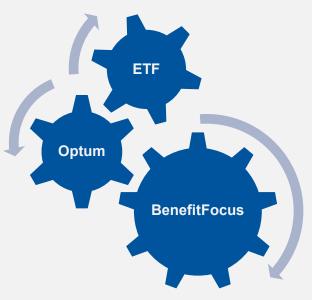
Materials easier to link and reporting tools accessible

Group Insurance Board – May 18, 2022



# ETF Insurance Administration System (IAS)

Optum is in planning phase to integrate the pre-tax savings account benefits enrollment functionality with ETF's IAS vendor, BenefitFocus



Group Insurance Board – May 18, 2022





#### **Partnership**

Strong, dedicated account management team

Met 2021 deliverables and most performance standards

Performance

**Proactiveness** 

Quick response to improvements of the benefit programs

(Ref. GIB | 05.18.22 | 7C, page 6)

Group Insurance Board – May 18, 2022





ETF requests the Board approve a second two-year extension for the following ETF contracts:

- Health Savings Accounts (HSA)
- Section 125 Cafeteria Plan and Employee Reimbursement Accounts (ERA)
- Commuter Fringe Benefit Accounts

With Optum for the period January 1, 2024, through December 31, 2025.

If the Board decides against the extension, ETF requests approval to prepare an RFP for the contracts.



# Questions?

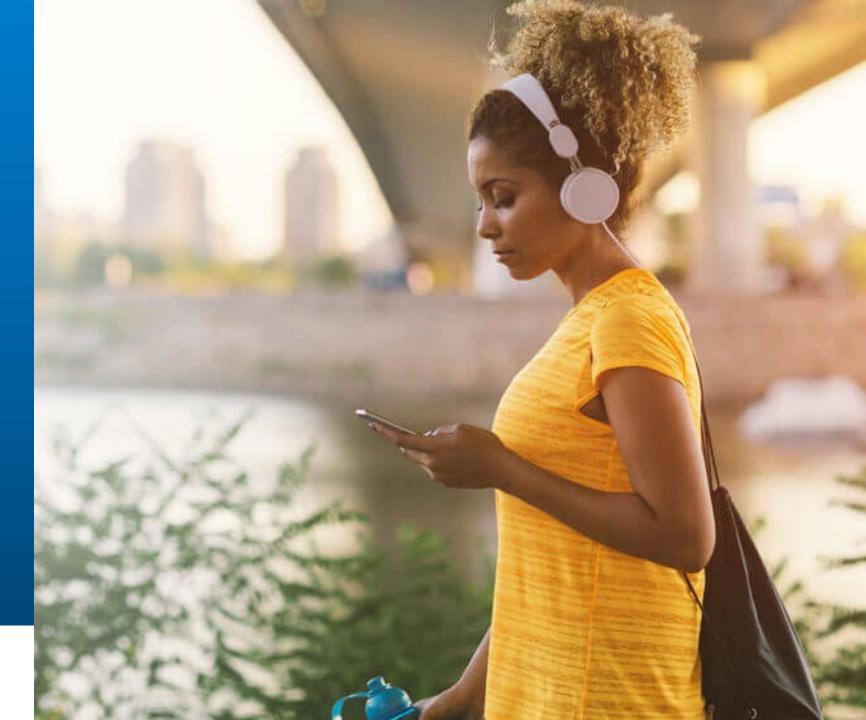
## State of WI GIB Presentation

### 2021 Well WI Program Review

May 18, 2022









- Welcome and Introductions
- WebMD Overview
- 2021 Metrics
  - Incentive Participation
  - Key Findings
  - Lifestyle & Chronic Condition Management
  - Satisfaction
- Lessons Learned
- Appendix
  - Case Studies/Testimonials

#### WEBMD MISSION STATEMENT

At WebMD, we enable people to live better lives by empowering decisions and actions that improve well-being and health outcomes.



STATE OF WISCONSIN

### Welcome and Introductions



#### WEBMD HEALTH SERVICES

### Improving Health and Well-Being Every Day

A Trusted Brand

#### A Well-Being Industry Leader

Clinically driven Behavior change High Standards of **Quality & Security** 



named WebMD as the first website they think of for health information.

### $20^+$ years

of making an impact on 60m+ consumers well-being.

#### BEST PRACTICES

when in place demonstrate higher risk reduction than clients not leveraging best practices.

### 

ranging from data privacy and security, NCQA to customer service and program awards.



# The Triple Aim & Well Wisconsin

- Since the launch of the program in 2017, we have partnered with ETF to successfully deliver against defined focus areas with keen attention to fulfilling the objectives put forward through the Triple Aim.
- WebMD has monitored program performance across several critical success metrics, including program participation/engagement, participant satisfaction and health risk change.
  - Participation: Participation rates in Well Wisconsin have increased by over 70% from 2017 to 2022.
  - Incentive Engagement: On average, 30% (approximately 48,000) of eligible users across the State of WI earn the \$150 incentive annually.
  - Participant Satisfaction: We have continuously reported extremely high levels of participant satisfaction (>90%).
  - Health Risk Change: Year-over-year improvements in the health status (i.e., risk change) have been reported within the population who participated in a lifestyle health coaching program.



# Current Services Included

- WebMD ONE Health Portal
- Health Assessment (online and paper)
- Spanish translation
- Lifestyle Health Coaching, including a specialty weight management program
- Chronic Condition Management Coaching
- Biometric Screenings (onsite, health care provider form, home test kit)
- Two Dedicated Well-Being Staff
- Detailed Custom Reporting
- Robust Custom Communication Package



## Overview of Incentive Structure

- 1. Complete the Health Assessment
- 2. Complete a Health Check: biometric screening, dental exam or one coaching session
- 3. Complete a well-being activity

Earn \$150 gift card (or \$138.52)

- Delivered to participants in a hard card format directly to their homes





2021 REVIEW

### 2021 Program Metrics

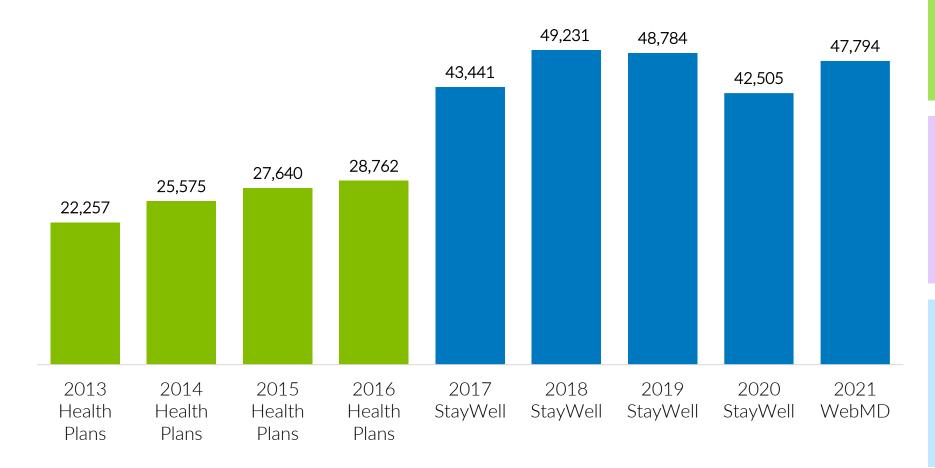


# **Completion Metrics**

- Health Assessment Completions: 53,916
- Health Check Completions: 50,724
  - Dental Cleaning: 38,363
  - Screening: 12,607
  - Health Coaching Call: 10,998
- Well-Being Activities: 48,313
  - Well WI Radio: 26,331
  - Employer-Sponsored Activity: 6,799
  - Daily Habits (1 plan): 6,591
  - Health Coaching (3 calls): 4,446
  - Seize the Zzzzz's Sleep Challenge: 3,581



### 2021 Overall Incentive Participation



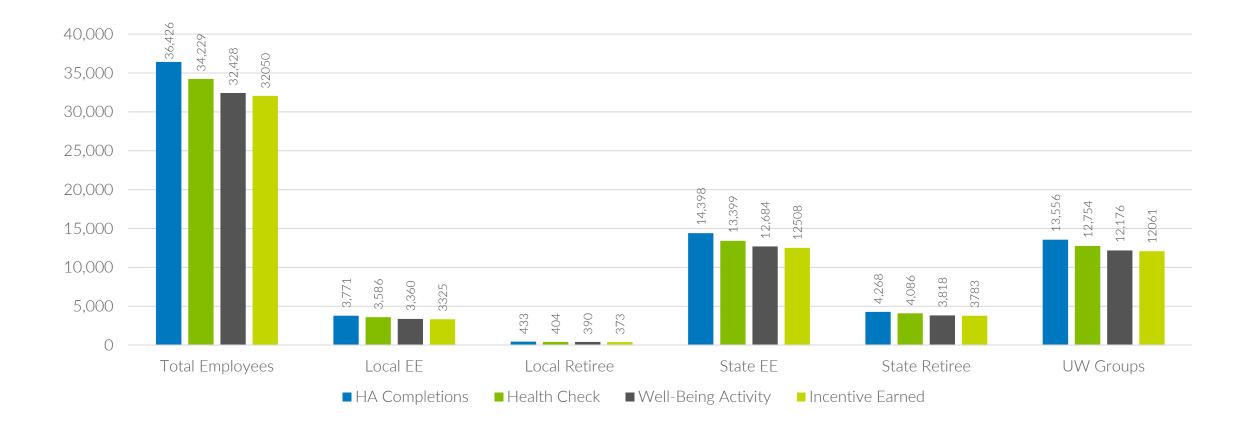
35.5% State agency employees completed screening, health assessment and well-being activity

36.8% UW employees completed screening, health assessment and well-being activity

31.1% Local employees completed screening, health assessment and well-being activity



### Well-Being Activity Completion





13

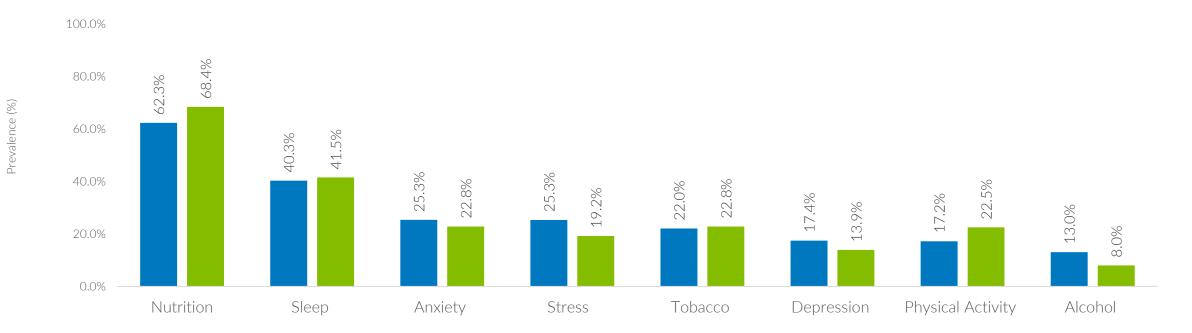
#### **EMPLOYEE POPULATION HEALTH**

Endnote(s): 1, 2

health services

# Modifiable Health Risk Prevalence

- Nutrition is the highest modifiable risk area with more than two thirds with poor eating habits.
- Anxiety, Stress, tobacco, depression and alcohol risk areas are all above the book-of-business.
- Alcohol is 1.5 times the WebMD book-of-business.

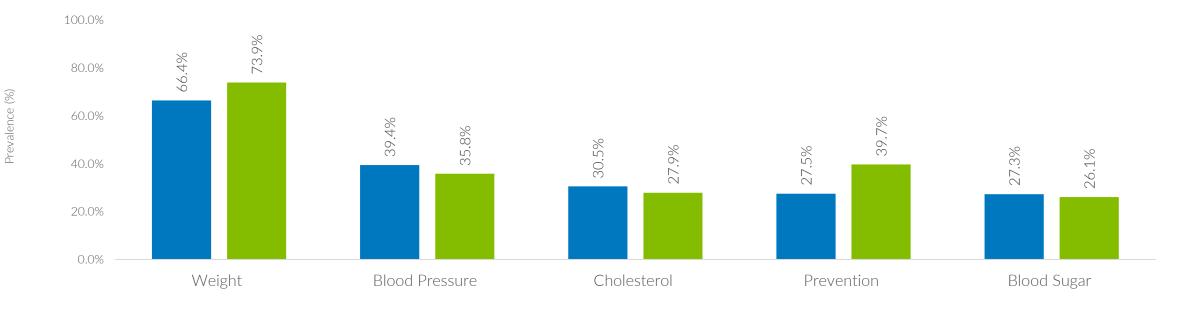


Employees Book of Business

#### **EMPLOYEE POPULATION HEALTH**

# Clinical Risk Prevalence (HA)

- Weight remains the highest risk area to focus on from a clinical perspective with 66% with a BMI > 25.
- The following clinical risk areas are above the WebMD book-of-business; blood pressure, cholesterol and blood sugar.

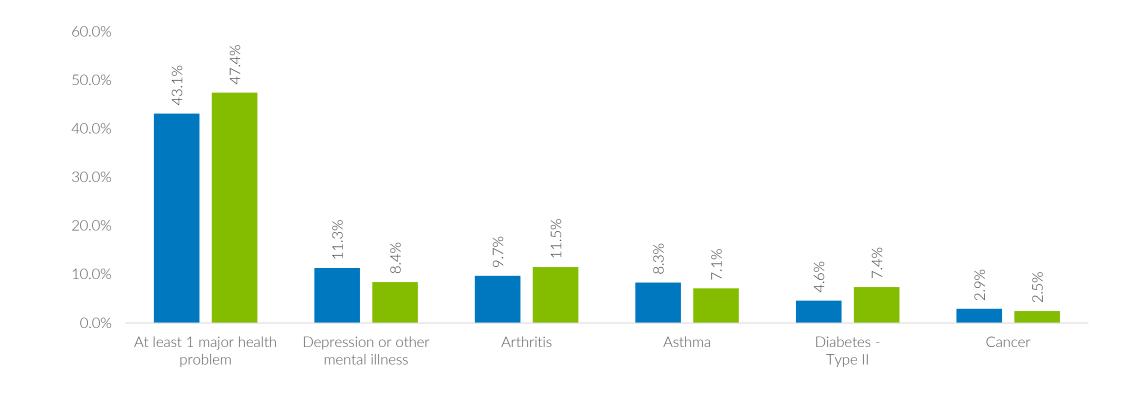


Employees Book of Business



#### **EMPLOYEE POPULATION HEALTH**

### Top 5 Chronic Conditions



Employees At Risk

Book of Business



Prevalence (%)

#### **CUSTOM LOOK**

## Comparison of Heath Risk Prevalence of Current and My StayWell Health Assessment

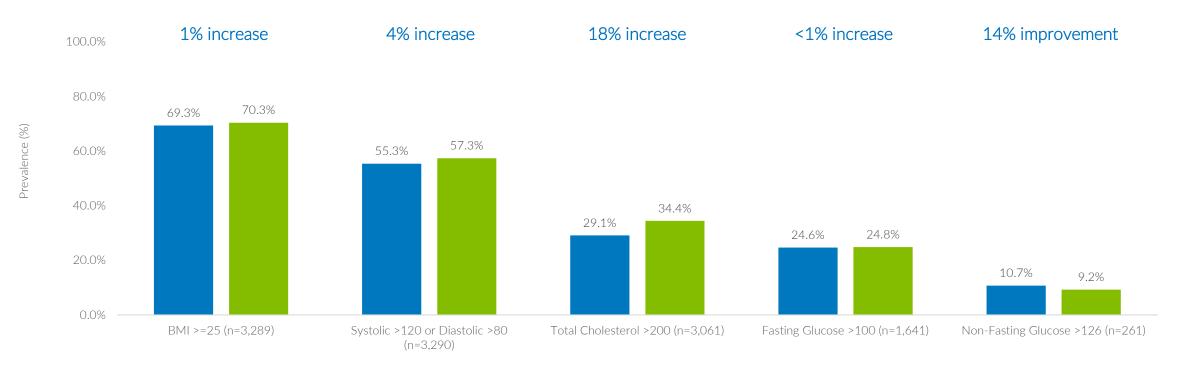


**COHORT CHANGE** 

health services

# Clinical Health Risk Change - Employees

• Risk prevalence among employees increased slightly for most risk factors with the most change occurring for cholesterol (18% increase)



My StayWell 2020

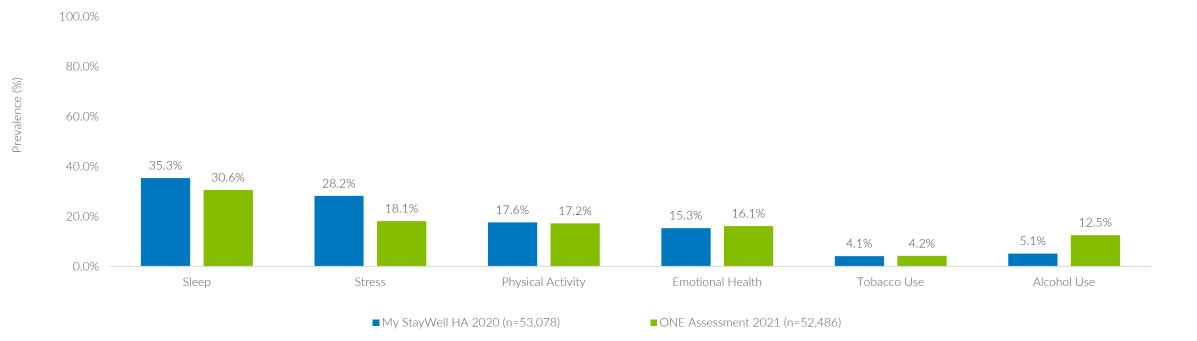
■ONE Assessment 2021

Based on the cohort of users with professionally sourced biometric values in both 2020 and 2021. Sample differs by metric.

#### YEAR OVER YEAR COMPARISON

## Modifiable Health Risk Prevalence by Year

- Favorable differences in health prevalence was observed among those who completed assessments in 2020 compared to those who completed in 2021, particularly for sleep and stress
- Emotional Health and Alcohol risks are trending upwards, which may be, at least in part, residual impacts of the pandemic





## Health Coaching



#### **PARTICIPATION - ALL ELIGIBLE**

## Health Coaching Cascade

Metric	Definition	202:	1	WHS BoB
		Ν	%	
Health Coaching	High, Moderate, Low, PM, CM			
Enrolled	% HA Completion	54,474	33%	52%
Engaged	% Health Coaching Enrolled	12,286	23%	46%
3+ Sessions	% of Health Coaching Engaged	5,430	44%	39%

Note: Health Coaching Enrolled defined as those stratified into an available coaching product offering; Health Coaching Engaged defined as having completed at least 1 health coaching session. Of the overall State of Wisconsin population enrolled in coaching (n= 12,286):

- 1 in 4 engaged in coaching
- Over 40% of those who engaged went on to complete 3 or more coaching sessions
- Of those that engaged in the first 6 months of the year, almost half of them had 3+ reaches
- Average of 2.66 calls for those in coaching and identified as high-risk



#### **PARTICIPATION - ALL ELIGIBLE**

## Specialized Coaching Programs

	2021		WHS BoB	
	Ν	%	%	
Weight Management				
Enrolled	6,608			
Engaged (% of enrolled)	354	5.4%	14.8%	
Average Sessions	3.30		3.78	
Condition Management				
Enrolled	7,004			
Engaged (% of enrolled)	1,957	27.9%	16.9%	
Average Sessions	2.70		2.73	

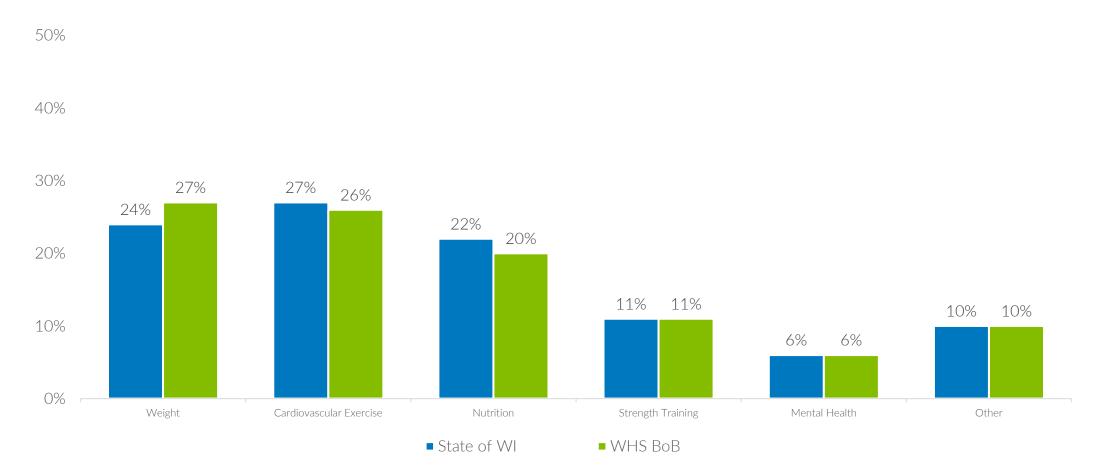
Note: Enrolled defined as those stratified into an available coaching product offering; Health Coaching Engaged defined as having completed at least 1 health coaching session.



#### PARTICIPATION

## Goal-Setting

• Weight, Exercise and Nutrition highest percentage of goal setting





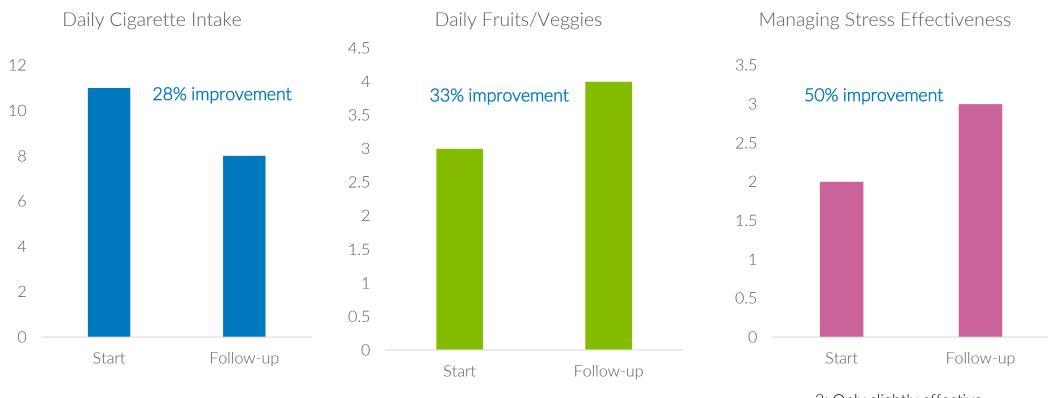
## Health Coaching Program Impact





Source: WHS Lifestyle Coaching Interim Risk Questionnaire. State of WI Program Year 2021 - participants who completed 2 or more reaches

## Health Coaching Program Impact



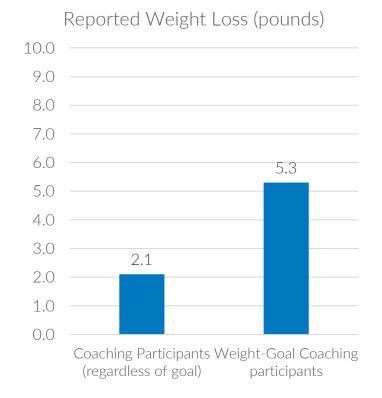
2: Only slightly effective3: Somewhat effective



## Lifestyle Weight Outcomes

- Overall, coaching participants reported an average weight loss of 2.1 pounds
- Nearly 25% of Coaching participants set a short- or longer-term goal focused on weight
- Among participants who set a weight goal, 68% reported an improvement in their weight.
  - Average weight loss was 5.3 pounds
  - Total of almost 14,000 pounds lost across all weightgoal participants
  - 3% of starting weight was lost

\*Positively Me Data will be shared mid-year 2022 after a full year of the program

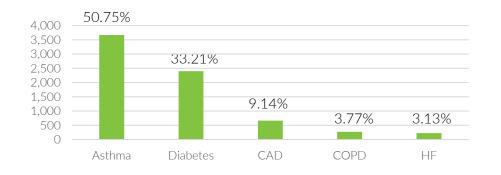




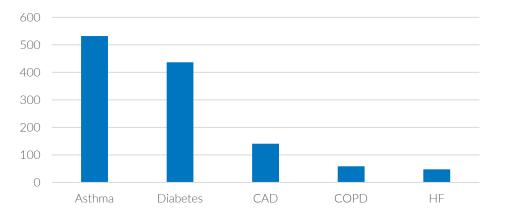
Source: WHS Lifestyle Coaching Interim Risk Questionnaire. State of WI Program Year 2021 - participants who completed 2 or more reaches

## Condition Management

Primary Condition, Cumulative Enrollees 2021



2021 Engaged 6+ Months by Condition



#### Condition Management Outcomes 2021 Pre to Post Coaching, 6+ Months

Asthma	# Pt	Pre	Post
Percent to Rarely or Never Miss Medication in Last Week	447	90.6%	95.8%
Percent to Have an Asthma Action Plan	241	31.1%	66.8%
Percent to have a flu vaccine in the last 12 months	555	82.5%	79.8%
CAD	# Pt	Pre	Post
Percent to Rarely or Never Miss Medication in Last Week	151	95.4%	96.7%
Percent with LDL Cholesterol Test in the Last Year	160	96.9%	97.5%
Percent to use Statin Medication	126	96.8%	99.2%
Percent to Eat a Low (Saturated and Trans) Fat Diet	122	19.7%	83.6%
Heart Failure	# Pt	Pre	Post
Percent to Rarely or Never Miss Medication in Last Week	38	92.1%	97.4%
Percent to Use Beta Blockers	23	91.3%	100.0%
Percent to Use ACE, ARB/ARNI	16	81.3%	100.0%
Percent to Eat a Low Salt Diet	32	37.5%	75.0%
COPD	# Pt	Pre	Post
Percent to Rarely or Never Miss Medication in Last Week	54	88.9%	94.4%
Percent to have a flu vaccine in the last 12 months	58	93.1%	87.9%
Diabetes	# Pt	Pre	Post
Percent to Rarely or Never Miss Medication in Last Week	386	93.5%	95.9%
Percent with Retinal or Dilated Eye Exam in Last Year	362	97.5%	97.2%
Percent with A1c < 7	274	46.4%	52.2%
Percent with Nephropathy Screening in the Last Year	465	90.8%	93.1%

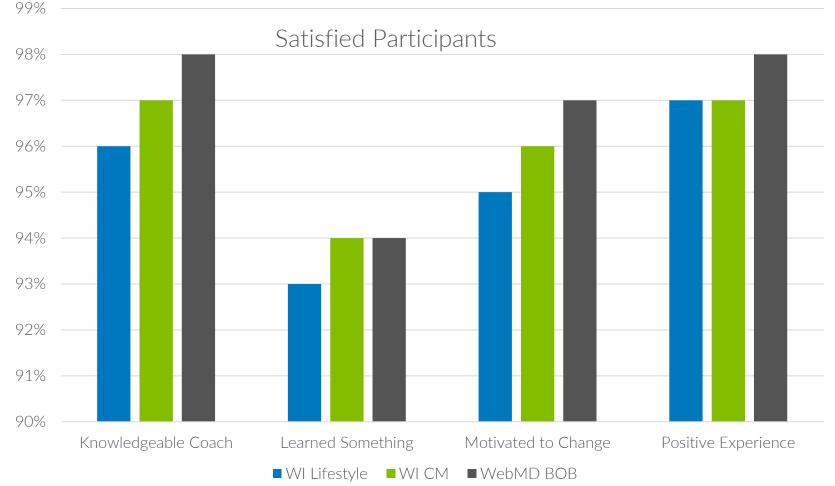


Source: Condition Management Outcomes Report 12/31/2021

#### SATISFACTION

## Health Coaching Participant Satisfaction

#### State of WI Versus WebMD Book of Business



**WebMD** State of WI data based on 2021 standard coaching administration reporting, 1/1/2021-12/31/2021. WebMD 2020 BoB data.

## Current Program Performance



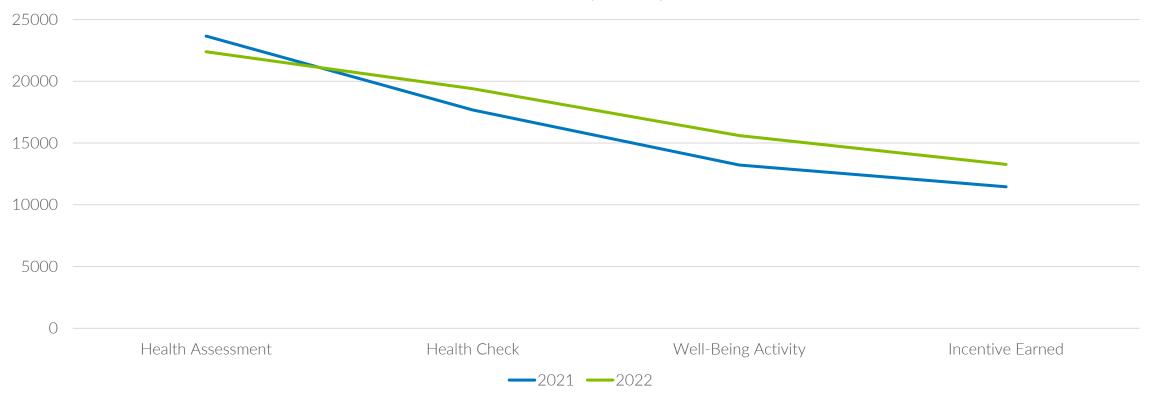
## Current 2022 Metrics

	5/2/2022
Health Assessment	22,395
Health Check	19,403
Screening	3,248
Dental Cleaning	12,728
Health Coaching: 1 Call	5,671
Well-Being Activity: 1+ Activities	15,608
Daily Habits: 1 Plan	2,582
Employer-Sponsored Activity	1,711
Health Coaching: 3 Calls	996
meQuilibrium Assessment	302
Complete the Stressless Challenge	2,462
Well Wisconsin Radio: 2 Interviews	8,408
Well Wisconsin Radio: Time 1	9,558
Well Wisconsin Radio: Time 2	8,454
Well Wisconsin Incentive Earned	13,275



## Current 2022 Metrics Compared to 2021\*

Well WI Activity Completion



\*Compared to same timeframe in 2021. 2022 data is through May 2, 2022.



### Lessons Learned



## Lessons Learned

- Promote programs that move the needle, like lifestyle management and chronic condition management coaching programs (DPP engagement, expanding outreach for participants with diabetes, etc.).
- Currently working on creating a handout that focuses specially on chronic condition management and how to engage.
- Address weight risk and mental health concerns by organizing and promoting all resource options via communities and other avenues throughout the year.
- Work to increase the "stickiness" to the portal.
- Pilot the group coaching program as an additional option available to participants.
- Continue to increase challenge participation through fun and engaging onsite events (e.g., smoothie bike, raffles for giveaway items, etc.).
- Incorporate more testimonials throughout communications and promotional material.





APPENDIX I

### Participant Feedback & Case Studies



#### SATISFACTION

## What WI Participants are Saying

- It is always great to hear from the Well Wisconsin team. They are knowledgeable they are motivated and if I have any specific questions about something I can ask them and get another opinion about things that I may have questions about they are great at pointing to resources and helping me understand about diets and just overall about weight."
- I think the monthly reminders are good it's easy to kind of forget but when you know that deadline is coming up its like bookends you have a succinct amount of time that you can work towards and then you have your check ins you can kind of recommit and then you can move on to the next stop."
- What I love about the health coaching program is that you take an active interest in keeping me healthy. It's amazing to me that more insurance companies don't use this kind of wisdom because it makes dollars and cents. I just appreciate the fact that you are prioritizing giving out good information and being helpful towards the goal of making the people who are paying the premiums healthy because healthy people that pay premiums keep paying premiums and they live long enough to continue to pay premiums it's just a good idea a win-win."
- I think that it's very helpful very educational and it helps you keep on track when you're not able to keep on track. It also helps you to be honest with yourself and you can if you miss something they don't make you feel bad they just help you get on track and go a different direction."
- The fact that there is someone knowledgeable that is kind of sort of a cheerleader and yet keeping me on track with the individual issues and goals that I have not to even mention that she is a very likeable person and I enjoy speaking to Mary Jo and I feel as if I've acquired a new friend at least someone that could motivate me. Knowing that I'll be talking to her again motivates me to actually work towards the goals that I have set."
- It's a good reminder of where we're at especially with my job and for my health coach to listen to my daily my weekly schedule and how it's hard for me to get eating in and everything else and it's just a reminder that I still have to try to keep looking for better options instead of eventually falling back on excuses instead of solutions. Very positive health coach they did a very good job and I hope picking fives was the positive one because everything was perfect."





Working with a health coach helped this participant to quit smoking. A new job with fewer opportunities to go for a smoking break and less people who smoked at work motivated this participant to guit smoking. With his coach, he created a plan to leave his cigarettes at home during the workday to limit access to them. By his second coaching call, he had quit cold turkey! Now, focusing on his health took a new turn. Setting goals with his coach to reduce red meat, eat more salads, and begin running became new habits for him to continue his health journey and stay smoke-free.



#### **RESULTS:**

cigarettes – completely tobacco free!

- Participated in 3 coaching sessions this program year
- Quit smoking
- Implemented healthier eating habits
- Implemented a plan to start exercising





Lifestyle Coaching Male, 45

Setting goals for exercise with his coach helped him to explore ways to stay active during the winter months and continue his success with weight loss. A goal to walk in the evening became a nightly routine. As the weather warmed up, he also began riding his bike to and from work. Exploring resources from his coach for strength training helped him to consider ways to build a new routine as he was ready to join the gym. The goals set with his health coach to exercise and eat healthier helped him to exceed his weight loss goal!



- Participated in 5 coaching sessions this program year
- Moved from obese weight range to overweight range
- Implemented a consistent exercise program





Condition Management Coaching Female, 60

Health coaching helped this participant to stay accountable to her goals to manage her weight and A1C. Paying attention to daily habits helped her see the relationship between her eating patterns and diabetes. She began bringing lunches to work to assist her with eating more consistently. Including fruits and vegetables became a priority. As her energy improved so did her willingness to explore other habits, like walking. Small steps, encouraged by her coach, made a big difference. She shared with her coach that she was more excited about exercise and even looked forward to walks to the greenhouse!

#### **RESULTS:**

pound reduction in weight

12.1 point reduction in BMI

30 minute increase in physical activity

- Participated in 7 coaching sessions this program year
- Reduced blood pressure
- Reduced A1C
- Increased fruits and vegetables intake





Lifestyle Coaching Male, 46

With the help of his WebMD health coach, this participant learned about healthy weight loss guidelines. He first focused on increasing fruits and vegetables, going from 2 servings to 8 servings daily! As his readiness increased to do more exercise, he and his coach focused on a plan that would help him ease back into a routine after an injury. Cardiovascular, strength training, and stretching became consistent. With health coaching, he exceeded his initial weight loss goal feeling healthier and more supported than ever.



#### **RESULTS:**

pound reduction in weight

servings per day increase in fruits and veg

minute exercise increase

- Participated in 5 coaching sessions this program year
- Improved overall diet
- Implemented a new exercise routine
- Moved BMI from overweight to healthy weight range



**APPENDIX II** 

### Health Risk and Report Definitions



## Modifiable Health Risk Definitions

Risk	"At Risk" Definition
Alcohol	Younger than 65 years: Males more than 4 alcoholic drinks/week or Females more than 7 alcoholic drinks/week. 65 years or older: More than 7 alcoholic drinks/week, or Females 4 or more / Males 5 or more drinks in a single sitting.
Anxiety	Derived index including indication of current anxiety (i.e., past two weeks) and indication of lack of control over worrying.
Depression	Derived index including indication of current depression (i.e., past two weeks) and indication of lack of interest in activities.
Nutrition	Derived index including less than 5 daily servings of fruit/vegetables, less than 3 daily servings of whole grains, and less than 3 weekly servings of nuts/seeds (if not allergic).
Physical Activity	Derived index including light intensity exercise; less than 150 minutes per week of moderate-intensity exercise and less than 2 days of strength training; or less than 75 minutes of vigorous exercise and less than 2 days of strength training. Will not be calculated if user indicates they are unable to exercise to due a medical condition.
Sleep	Less than 7 hours of sleep or more than 9 hours of sleep (more than 8 hours if age 65+) and report rarely, sometimes, usually or always feeling tired after sleep.
Stress	Derived index including lack of effectiveness at dealing with stress and perception that stress has negatively impacted health and happiness.
Tobacco	Current or former tobacco user.



## Clinical (HA) Health Risk Definitions

Risk	"At Risk" Definition
Blood Pressure	Reported values of systolic blood pressure ≥120 or diastolic blood pressure ≥80; or indicated blood pressure range of Elevated, High/Stage 1, or High/Stage 2.
Blood Sugar	Reported fasting glucose value of ≥100 or A1c value of ≥5.7%; or indicated glucose or Ac1 range of Borderline High or High.
Cholesterol	Reported total cholesterol value of ≥200; or indicated total cholesterol range of Borderline High or High.
Weight	Reported height and weight values that calculate to Body Mass Index of ≥25.0 or <18.5.
Prevention	Up-to-date on two-thirds or fewer of preventive screening exams and vaccines recommended for age and sex.



## Preventive Exam Health Risk Definitions

Risk	"At Risk" Definition
Cervical Cancer Screening	For women age 21-65, last pap smear was 3 years ago or more, or don't know last occurrence, or never had screening.
Colorectal Cancer Screening	For adults age 50-75, last colonoscopy was 10 years ago or more, or last CT colography/flexible sigmoidoscopy was 5 years ago or more, or last stool-based test was 1 year ago or more, or don't know last occurrence, or never had screening.
Dental Exam	For all adults, last dental exam was 1 year ago or more, or don't know last occurrence.
Flu Vaccine	For all adults, last flu vaccine was 1 year ago or more, or don't know last occurrence.
Mammogram	For women age 50-74, last mammogram was 2 years ago or more, or don't know last occurrence, or never had screening.
Physical Exam or Wellness Visit	For all adults, last physical exam or wellness visit was 1 year ago or more, or don't know last occurrence.
Pneumonia Vaccine	For adults age 65 or older, never had pneumonia vaccine.
Shingles Vaccine	For adults age 50 or older, never had shingles vaccine.



## Risk Change Comparison Definitions

Modifiable Health Risk Area	Definition
Alcohol Use	Age <65 years, Males >14 drinks/week or Females >7 drinks/week; Age 65+ years, >7 drinks/week; OR Females 4+ / Males 5+ alcoholic drinks in a single sitting
Cigarette Use	Current tobacco user
Emotional Health	MSW = Felt significantly depressed now or in last 7 days or prescribed/taking medication for depression; ONE = Derived index including indication of current depression (i.e., over past two weeks) and indication of lack of interest in activities
Physical Activity	Derived index including light intensity exercise; less than 150 minutes per week of moderate-intensity exercise and less than 2 days of strength training; or less than 75 minutes of vigorous exercise and less than 2 days of strength training
Sleep	% who reported less than 7 hours of sleep per night or 9 or more hours of sleep per night
Stress	% who reported Sometimes, Fairly Often/Most of the time, or Very Often/All the time to "In the last month, how often have you found that you could not cope with all the things that you had to do?"



#### **APPENDIX III**

### Additional Data Points



#### **EMPLOYEE POPULATION HEALTH**

Sex and Age

	Employees	Book of Business
Unique HA Completers	34,971	-
Sex		
Female/Woman	59.5%	62.4%
Male/Man	39.7%	37.2%
Non-Binary	0.3%	0.1%
Decline to Answer	0.5%	0.3%
Age Group		
< 30	7.4%	6.0%
30 - 39	24.6%	19.5%
40 - 49	22.9%	23.8%
50 - 59	21.8%	27.2%
60+	23.2%	23.5%

Endnote(s): 1, 2



#### **EMPLOYEE POPULATION HEALTH**

## Additional Demographics

Main Language	Employee	BoB
English	96.5%	98.1%
Other	1.2%	0.5%
Chinese (Mandarin)	0.9%	0.3%
Spanish	0.7%	0.7%
Korean	0.3%	0.1%
Hindi	0.1%	0.1%
German	0.1%	0.0%
French	0.1%	0.0%
Russian	0.1%	0.0%
Japanese	0.1%	0.0%
Italian	0.0%	0.0%
Vietnamese	0.0%	0.0%
Punjabi	0.0%	0.0%
Arabic	0.0%	0.0%
Thai	0.0%	0.0%

Endnote(s): 1	, 4
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Race/Ethnicity (check all that apply)	Employee	BoB
White	86.0%	88.2%
Asian	6.2%	2.8%
Hispanic or Latino	3.0%	2.4%
Black or African-American	3.0%	5.0%
Prefer not to say	2.1%	1.6%
Other	0.8%	0.6%
American Indian or Alaska Native	0.8%	0.7%
Native Hawaiian or other Pacific Islander	0.1%	0.1%
Education Level	Employee	BoB
Post-graduate or professional school	38.3%	35.1%
College Graduate	36.0%	28.1%
Associate Degree or Vocational school	11.5%	9.9%
Some college	8.5%	12.4%
High School Graduate or equivalent	5.4%	13.8%
Less than High School	0.2%	0.2%
Some High School	0.2%	0.5%

#### WEBMD HEALTH SERVICES

## Clinically Driven. Behavior Change.

Thank you



## **meQuilibrium Update** Item 8B – Group Insurance Board

Molly Heisterkamp Disease Management and Wellness Program Manager Office of Strategic Health Policy



## **Informational Item Only**

No Board action is required.



## Background

meQuilibrium (meQ) is an evidence-based stress and resilience digital coaching solution

Supports overall good health, reduces depression and clinical anxiety

Available to 10,000 GHIP subscribers from 8 state agencies, beginning in November 2021

Group Insurance Board – May 18, 2022



## **Enrollment and Engagement**

## 310 employees enrolled; goal was 900

# Engagement by GHIP participants is greater than meQ's benchmark



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(Ref. GIB | 05.18.22 | 8B, page 1)

Group Insurance Board – May 18, 2022

## **Preliminary Results**

Average resilience score is 11% lower than the book of business (BoB)

Baseline risks are worse than meQ's BoB

Reassessments showing improvements in resilience and risks

Satisfaction survey results are trending well

Group Insurance Board – May 18, 2022



## **Summary and Next Steps**

### Mental health is an area of opportunity for the GHIP

Utilization of resources and impact has been positive, but uptake is lower than expected

### Focus on increasing enrollments

(Ref. GIB | 05.18.22 | 8B, pages 1 – 3)

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# Questions?

## State and Local ICI Actuarial Valuations

Jim Guidry, Director Benefit Services Bureau

Paul Correia, Principal and Consulting Actuary Milliman, Inc.





ETF requests the Board accept the State and Local ICI Actuarial Valuations as of December 31, 2021. ETF also recommends the Board adopt Scenario 1 for the state ICI plan, which would result in a 20% premium decrease in the 2023 plan year, and a continuation of the local ICI program premium holiday in the 2023 plan year.



### **State ICI Program Reserves**

- 2020 Fund Balance 134.1% of liabilities
  - Fund balance \$120 million
  - Liabilities \$89.5 million
- 2021 Fund Balance 174% of liabilities
  - Fund balance \$154.3 million
  - Liabilities \$88.4 million

- No premium increase in 2021
- 50% premium rate decrease in 2022
- Board adopted reserve target policy – November 2019
  - Established reserve target of 135% of actuarial liabilities



### Local ICI Program Reserves

- Local ICI program premium holiday
   in effect since 2012
- Board adopted reserve target policy – November 2019
  - Established reserve target of 150% of actuarial liabilities
- Current projections show continued gradual decline in reserve percentage through 2027

- 2020 Fund Balance 612% of liabilities
  - Fund balance \$41.6 million
  - Liabilities \$6.8 million
- 2021 Fund Balance 611% of liabilities
  - Fund balance \$43.8 million
  - Liabilities \$7.2 million

#### State ICI Valuation Estimated Liabilities as of December 31, 2021

Liability Component	Standard Benefit	Supplemental Benefit	\$75 Add-On	Total Liability
Open Claims	\$76,683,938	\$2,487,749	\$226,667	\$79,398,354
IBNR Claims	\$4,029,192	\$130,713	\$11,910	\$4,171,815
Loss Adjustment Expense	\$4,694,101	\$152,284	\$13,875	\$4,860,260
Total	\$85,407,231	\$2,770,746	\$252,452	\$88,430,429

- **Open Claims**: Members disabled prior to December 31, 2021 whose claims were reported on or before that date.
- Incurred but not Reported (IBNR) Claims: Members disabled on or prior to December 31, 2021 whose claims had not yet been reported as of that date.
- Loss Adjustment Expenses: Future expenses related to the ongoing management and payment of ICI claims.



#### State ICI Valuation Comparison to Prior Year

Liability Component	December 31, 2020	December 31, 2021
Open Claims	\$80,100,379	\$79,398,354
IBNR Claims	\$4,347,022	\$4,171,815
Loss Adjustment Expense	\$5,073,456	\$4,860,260
Total	\$89,520,857	\$88,430,429

- The total liability decreased by 1.2% from \$89.5 million as of December 31, 2020 to \$88.4 million as of December 31, 2021.
- The number of open and pending open claims decreased by 3.9% from 1,116 as of December 31, 2020 to 1,072 as of December 31, 2021.
- The average net benefit amount increased by 2.4% from \$1,446 as of December 31, 2020 to \$1,481 as of December 31, 2021.



Group Insurance Board – May 18, 2022



#### State ICI Valuation Retrospective Runout Test

Claim Duration	Average Annual Margin
1 – 12 months	3.9%
13 – 24 months	9.7%
25 – 36 months	5.2%
37 – 48 months	1.3%
49 – 60 months	0.1%
61 + months	2.1%
Total	2.5%

- Study period: 2017 through 2021
- Positive margin of 2.5% indicates the liability is adequate to cover the runout of open disability claims during the study period

Group Insurance Board – May 18, 2022



#### State ICI Valuation Historical Reserve Balances

	December 31, 2019	December 31, 2020	December 31, 2021
Reserve Balance	\$90,324,629	\$120,036,016	154,290,018
Actuarial Liability	\$90,091,957	\$89,520,857	88,430,429
Surplus / (Deficit)	\$232,672	\$30,515,159	\$65,859,589

- The State ICI reserve increased by \$34.3 million between December 31, 2020 and December 31, 2021:
  - Solid investment income in 2021
  - Premium contributions exceeded claims and expenses in 2021
- The December 31, 2021 reserve balance is equal to 174% of the actuarial liability.
- In 2019, the Board approved a target reserve range of 130% to 140% of the actuarial liability for the State ICI plan.
- Last year, the Board approved a 50% reduction in State ICI premium rates effective January 1, 2022.



#### State ICI Valuation Funding Analysis

	Calendar Year	2021	2022	2023	2024	2025	2026	2027
	BOY Reserve Balance	\$120,028,097	\$154,290,018	\$163,584,817	\$169,350,872	\$173,988,162	\$177,557,529	\$180,047,066
Financial								
projection that	Premium Contributions	\$39,386,893	\$20,689,935	\$17,048,506	\$17,559,962	\$18,086,760	\$18,629,363	\$19,188,244
	Investment Income	\$16,242,523	\$10,491,721	\$11,123,768	\$11,515,859	\$11,831,195	\$12,073,912	\$12,243,201
assumes a 50%	Total Revenues	\$55,629,416	\$31,181,656	\$28,172,274	\$29,075,821	\$29,917,955	\$30,703,275	\$31,431,445
reduction in								
premium rates in	Insurance Claims	\$18,240,575	\$18,683,934	\$19,127,292	\$20,862,195	\$22,492,735	\$24,084,938	\$25,724,819
2022 followed by	Carrier Administrative Expenses	\$2,332,822	\$2,389,524	\$2,446,226	\$2,668,106	\$2,876,639	\$3,080,269	\$3,289,996
20% reduction in	Administrative Expense	\$794,098	\$813,399	\$832,701	\$908,229	\$979,215	\$1,048,531	\$1,119,922
	Total Operating Expenses	\$21,367,495	\$21,886,857	\$22,406,219	\$24,438,530	\$26,348,589	\$28,213,738	\$30,134,738
2023, then held								
level in 2024 and	Net Change in Reserve Balance	\$34,261,921	\$9,294,799	\$5,766,055	\$4,637,290	\$3,569,367	\$2,489,537	\$1,296,707
beyond:	EOY Reserve Balance	\$154,290,018	\$163,584,817	\$169,350,872	\$173,988,162	\$177,557,529	\$180,047,066	\$181,343,773
	Actuarial Liability	\$88,430,429	\$95,405,848	\$103,460,832	\$111,004,912	\$118,355,684	\$125,584,203	\$132,683,605
	Surplus / (Deficit)	\$65,859,589	\$68,178,969	\$65,890,040	\$62,983,251	\$59,201,844	\$54,462,863	\$48,660,168
	Ratio of EOY Fund Balance to Liability	174%	171%	164%	157%	150%	143%	137%

Projected reserve is expected to reach target range in 2027



#### Local ICI Valuation Estimated Liabilities as of December 31, 2021

Liability Component	Standard Benefit	Supplemental Benefit	\$75 Add-On	Total Liability
Open Claims	\$6,054,263	\$270,790	\$50,558	\$6,375,611
IBNR Claims	\$357,110	\$15,973	\$2,982	\$376,065
Loss Adjustment Expense	\$387,594	\$17,336	\$3,237	\$408,166
Total	\$6,798,967	\$304,098	\$56,777	\$7,159,842

- Open Claims: Members disabled prior to December 31, 2021 whose claims were reported on or before that date.
- Incurred but not Reported (IBNR) Claims: Members disabled on or prior to December 31, 2021 whose claims had not yet been reported as of that date.
- Loss Adjustment Expenses: Future expenses related to the ongoing management and payment of ICI claims.



#### Local ICI Valuation Comparison to Prior Year

Liability Component	December 31, 2020	December 31, 2021
Open Claims	\$6,019,867	\$6,375,611
IBNR Claims	\$389,587	\$376,065
Loss Adjustment Expense	\$388,521	\$408,166
Total	\$6,797,975	\$7,159,842

- The total liability increased by 5.3% from \$6.8 million as of December 31, 2020 to \$7.2 million as of December 31, 2021.
- The number of open claims increased by 3.1% from 96 as of December 31, 2020 to 99 as of December 31, 2021.
- The average net benefit amount increased by 6.7% from \$1,716 as of December 31, 2020 to \$1,831 as of December 31, 2021.



#### Local ICI Valuation Historical Reserve Balances

	December 31, 2019	December 31, 2020	December 31, 2021
Reserve Balance	39,603,652	41,601,274	43,754,728
Actuarial Liability	5,970,710	6,797,975	7,159,842
Surplus / (Deficit)	\$33,632,942	\$34,803,299	\$36,594,886

- The Local ICI plan has run a large surplus for many years.
- Premium contributions have been waived since 2012.
- Funding analysis indicates premium waiver can be continued for the near future.
- In 2019, the Board approved a fund reserve target of 145% to 155% of the actuarial liability for the Local ICI plan.
- The December 31, 2021 reserve balance is equal to 611% of the actuarial liability.



#### **State ICI Premium Rate Action**

- Board approved 20% premium rate increases for 2016-2020
- Premium rates held steady for 2021
- Premium decrease for 2022 50%
- 2021 Fund balance at 174%
  - Pandemic concerns resulted in a recommendation for no rate changes in 2021
  - 2021 Investment income exceeded assumption



## **ICI Program Update**

- Program Changes
  - Currently reviewing plan language for changes in preparation for IAS and other technical updates
  - Increase standard benefit coverage maximum
    - Would increase salary maximum for standard coverage from \$64,000 to \$120,000 for a maximum \$7,500 monthly benefit
    - Eliminates need for supplemental coverage
    - Present changes at August GIB meeting
- ICI Contract
  - Contract issued for 2022 plan year





ETF requests the Board accept the State and Local ICI Actuarial Valuations as of December 31, 2021. ETF also recommends the Board adopt Scenario 1 for the state ICI plan, which would result in a 20% premium decrease in the 2023 plan year, and a continuation of the local ICI program premium holiday in the 2023 plan year.



# Questions?

## Income Continuation Insurance Reserve Balance Policy Review

Jim Guidry, Director

**Benefit Services Bureau** 





ETF recommends the Board approve the Income Continuation Insurance Program Reserve Policy and also approve maintaining the current reserve target of 135% of plan liabilities for the state ICI plan and 150% for the local ICI plan.





#### **Income Continuation Insurance**

Voluntary disability income replacement program payable to enrolled participants

- Separate state and local plans
- Short-term and long-term benefits payable to age 65
- 75% of salary monthly
- Unable to perform duties of current position (short-term)
- Unable to perform duties of any position (long-term)



### **ICI Reserve Policy Objective**

Provide the Board with guidance in establishing program reserve target

- Sufficient to fund plan liabilities
- Maintain fiscal integrity
- Maintain premium rate adequacy and stability
- LAB Recommendation



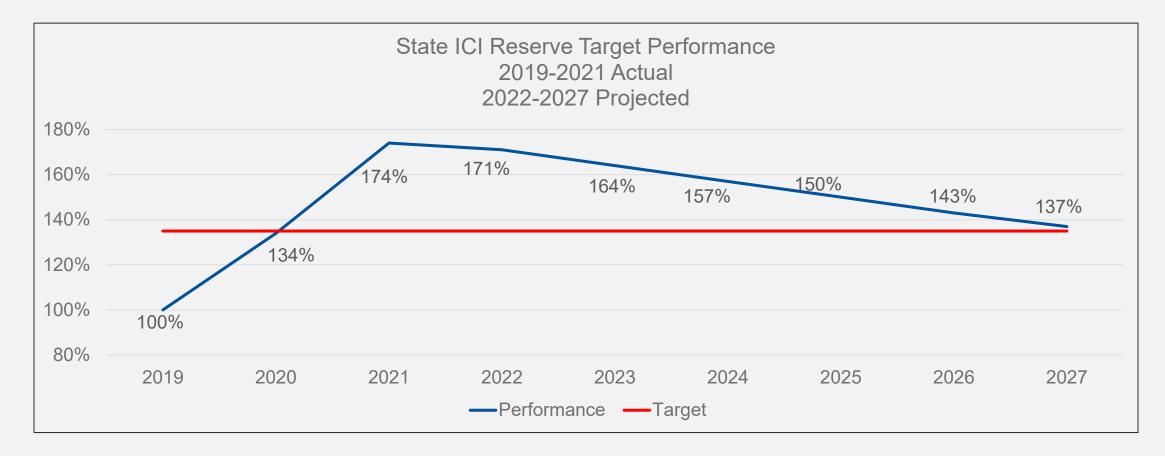
### **ICI Reserve Policy**

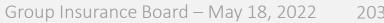
- Approved by Board Nov 2019
- Minimum 3-year reviews
- Board sets reserve target
- Policy establishes target range
  - +/- 5% of target





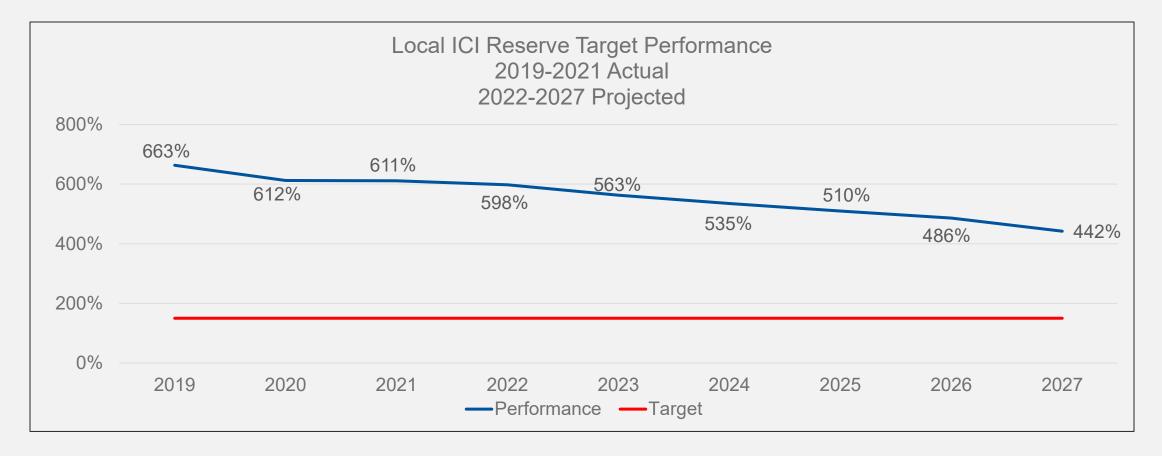
#### **State ICI Reserve Performance**







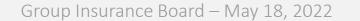
#### **Local ICI Reserve Performance**







ETF recommends the Board approve the Income Continuation Insurance Program Reserve Policy and also approve maintaining the current reserve target of 135% of plan liabilities for the state ICI plan and 150% for the local ICI plan.





# Questions?

#### **Operational Updates** Items 10A – 10I – Memo Only



#### Tentative August 2022 Agenda Item 11 – Memo Only

Eileen Mallow, Director

Office of Strategic Health Policy



### Informational item only

No Board action is required.



# Questions?

#### **CLOSED SESSION**

The Board may meet in closed session pursuant to the exemption contained in Wis. Stats. §19.85
 (1) (e) to deliberate or negotiate the investing of public funds or to conduct other specified public business, whenever competitive or bargaining reasons require a closed session. If a closed session is held, the Board may vote to reconvene in open session following the closed session.

K Item 12 – No Memo



## Announcement of Business Deliberated During Closed Session Discussion

Item 13 – No Memo

Herschel Day, Chair





#### Adjournment Item 14 – No Memo



# Thank you









