

Pilot Programs Report and 2025 Recommendations



Item 7D – Group Insurance Board

Molly Dunks, Disease Management and Wellness Program Manager

Office of Strategic Health Policy





Action Needed

The Department of Employee Trust Funds (ETF) requests the Group Insurance Board approve the 2024 pilot programs for 2025 implementation, and one new pilot program proposed by Network Health.

Background

Innovative programs not currently included in the Group Health Insurance Program (GHIP)

Differ from uniform benefits for health plans

Not originally included in non-health plan vendor contracts

Current Pilot Programs

Vendor	Program	Years Implemented
Dean Health Plan	Acupuncture Benefit	2020-2024
WebMD & Navitus	It's Your Health: Diabetes (Coaching and Prescriptions)	2019-2024
Quartz	Virta Health (Diabetes Management and Supplies)	2024
Quartz	Therapy360	2024
Quartz	Doula Services	2024
Security Health Plan	Omada (Diabetes Management and Supplies)	2024

Dean Health Plan - Acupuncture

Alternate pain management treatment option

10 visits per year

Utilization trends are relatively flat

Will complete further impact analysis

WebMD/Navitus It's Your Health: Diabetes

Participation increasing each year

Total savings of \$1.71M for members since 2019

Last analysis indicated some positive impacts

Updated analysis will be completed in 2024

Network Health – Remote Patient Monitoring (RPM)

Reduction in cost-sharing to \$0 for RPM visits and devices:

- Obesity
- Hypertension
- Sleep apnea
- Atrial fibrillation

Goal: reduce cost share, so members better manage condition and reduce utilization of emergency room



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Questions?

Thank you



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608-266-3285
1-877-533-5020