

Vendor Proposed Pilot Programs

Item 14 – Group Insurance Board

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Office of Strategic Health Policy



Informational Item Only

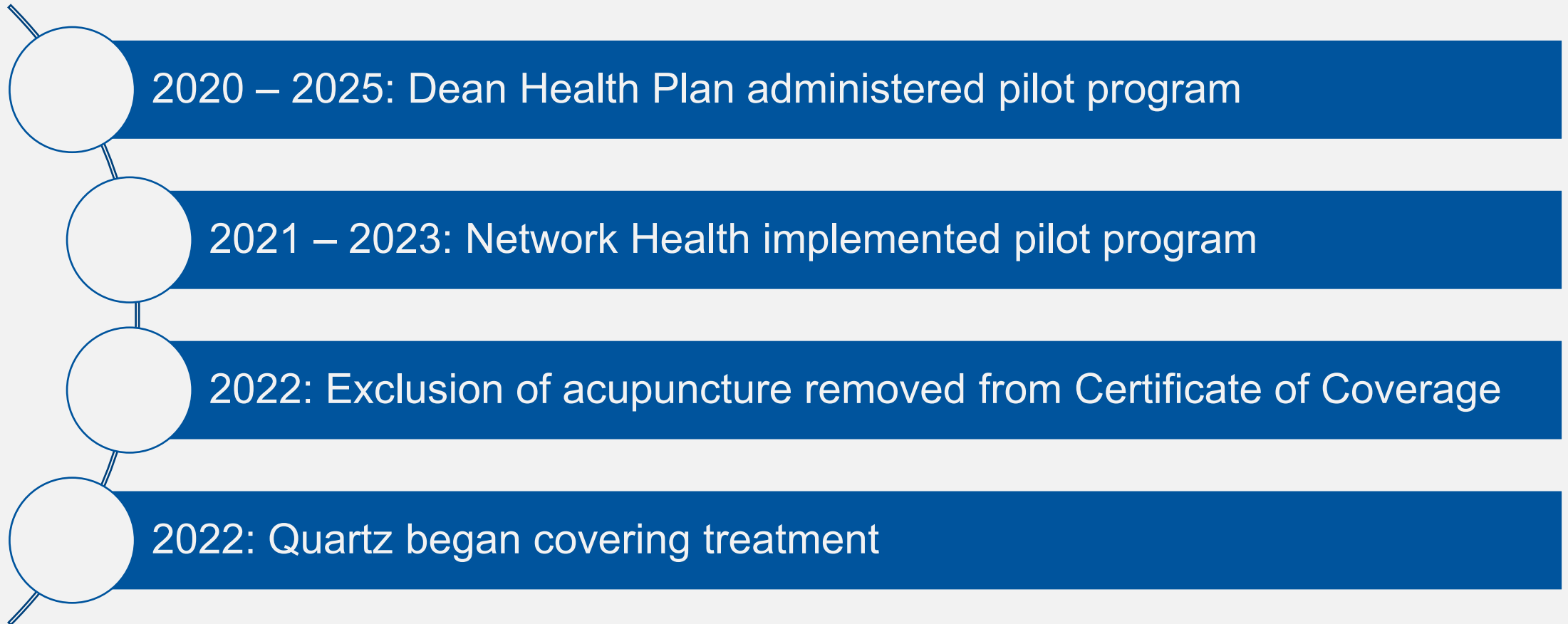
No Board action is required.

Pilot Programs Background

- Opportunity to evaluate benefit changes

Vendor	Program	Years of Implementation
Dean Health Plan	Acupuncture	2020 – 2025
Navitus/WebMD	It's Your Health: Diabetes	2019 – 2025
Network Health	Remote patient monitoring	2025
Quartz	Virta Health: Diabetes Management	2024 – 2025
Quartz	Therapy360	2024 – 2025
Quartz	Doula Services	2024 – 2025
Security Health Plan	Omada: Diabetes Management	2024 - 2025

Acupuncture



Acupuncture Claims and Experience

- Number of patients is relatively low.
- Cost is approximately \$60 per visit, which is comparable to chiropractic care and much less than physical therapy.
- We are unable to determine the impact of acupuncture on preventing or prolonging the need for more intensive pain management support.
- Accessibility of acupuncturists is a concern.

Future of Acupuncture

- Dean is discontinuing pilot for 2026.
- Health plans can continue to offer acupuncture benefits under the Alternate Care Provision.

It's Your Health: Diabetes

- Pilot program with Navitus and WebMD since 2019
- Available to non-high deductible health plan subscribers and spouses
- Diabetes management coaching
- Reduced pharmacy copayment for antidiabetic drugs
- 41,252 prescriptions filled and \$1.7M member copays savings from 2019 through 2023

2020 – 2023 Triple Aim Analysis

- There is some evidence that participants had better healthcare engagement.
- Participants maintained or improved their disease stage at a slightly better rate compared to non-participants.
- Increases in medical and diabetes prescription cost trends are lower:
 - Medical and prescription allowed amounts increased 25.7% for participants and 41.5% for non-participants.
 - Medical allowed amounts varied more substantially (increases of 10.6% vs. 47.2%).



Questions?

Thank you



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