



2022 Well Wisconsin Program

Webinar for All Programs



Introductions

Host

- Randy Porter, Member Services

Panelists

- Molly Heisterkamp, Wellness Program Manager
- Kristi Mulcahey, WebMD



**Be in the
Moment**

Be Present. Be Well.

2022 Well Wisconsin Program

WebMD
health services

+


WELL WISCONSIN
Healthier starts with you

Dates to Remember

- *October 8, 2021: Deadline for 2021 program year*
- Late November: Employers may start requesting for 2022 onsite health screenings
- January 1, 2022: WebMd One portal will be launched for the 2022 program year
- January 2022: Home mailers sent highlighting the 2022 program
- February 2022: Onsite health screening events begin

Deadline for 2022 Program Year

October 14, 2022



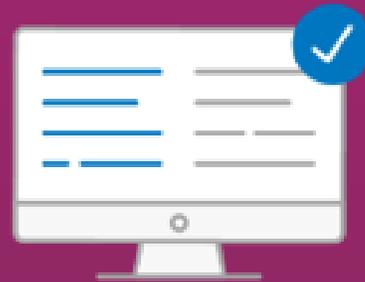
Earn \$150 incentive by completing 3 activities



✓ Health Check

Complete one of the following:

- Biometric Screening (onsite, home test kit, or health care provider form)
- Dental Exam
- One Coaching Session



✓ Health Assessment

Online health questionnaire

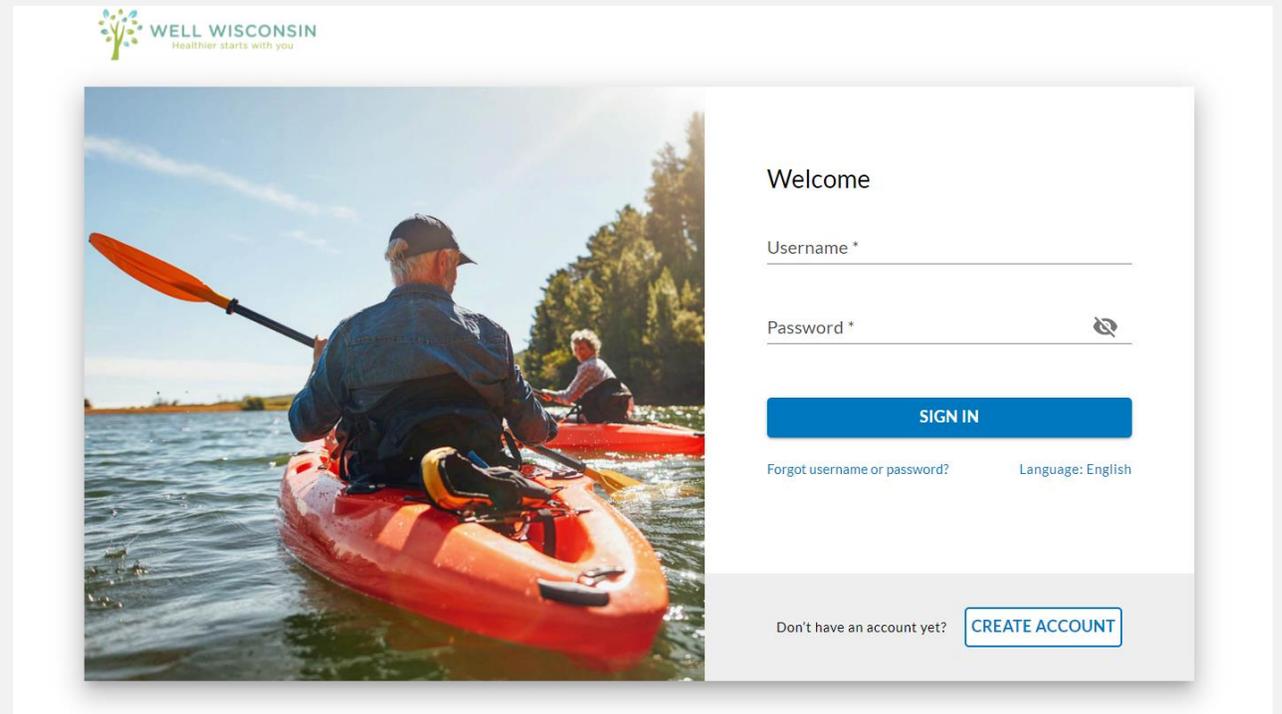


✓ Well-Being Activity

Complete one activity, there are several to choose from to complete

Same Great WebMD One Portal

- Same portal as 2021
- You don't need to create a new login
- You will need to retake the health assessment



Well-being activities

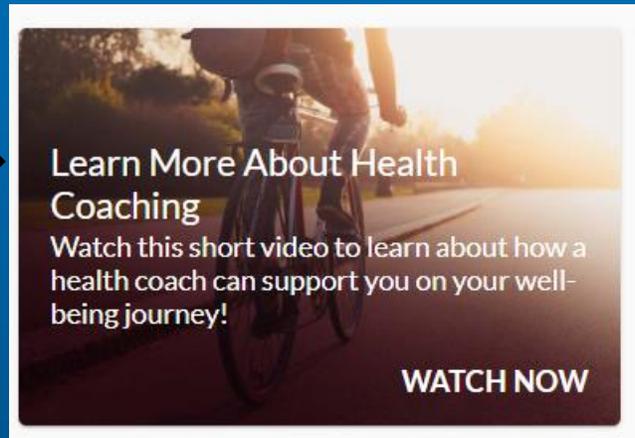
Well Wisconsin has several options for well-being activities

- Portal challenges like the Invitational step challenge. Watch for dates in 2022
- Well Wisconsin Radio – listen to 2 episodes for credit. Great topics throughout the year.
- Daily Habits- complete a daily habit plan on the portal.
- Check with your employer to see if they are participating with an Employer Sponsored Activity.
- Complete 3 coaching calls

Health Coaching

Complete 1 coaching call to receive your health check credit and complete 2 more coaching calls and you will get your well-being credit

A short video found on the portal



Well Wisconsin Radio
Monthly expert interviews on various health topics.

TUNE IN



More information on a Well Wisconsin episode

Welcome to Coaching

WebMD Health and Wellness Coaches help you set realistic goals, get motivated, break through barriers, and create a support structure.



Take Advantage of Free Health Coaching

You are eligible for a coaching session. To participate call a Health Coach now at **800-821-6591**

[LEARN MORE](#)



Message a Coach

Use Coach Connect to send a message to your coach.

[SEND A MESSAGE](#)

Did I complete the incentive?



Check the rewards tab on your dashboard to find out if you completed all 3 activities

Wellness at Your Side Mobile App

Wellness at Your Side

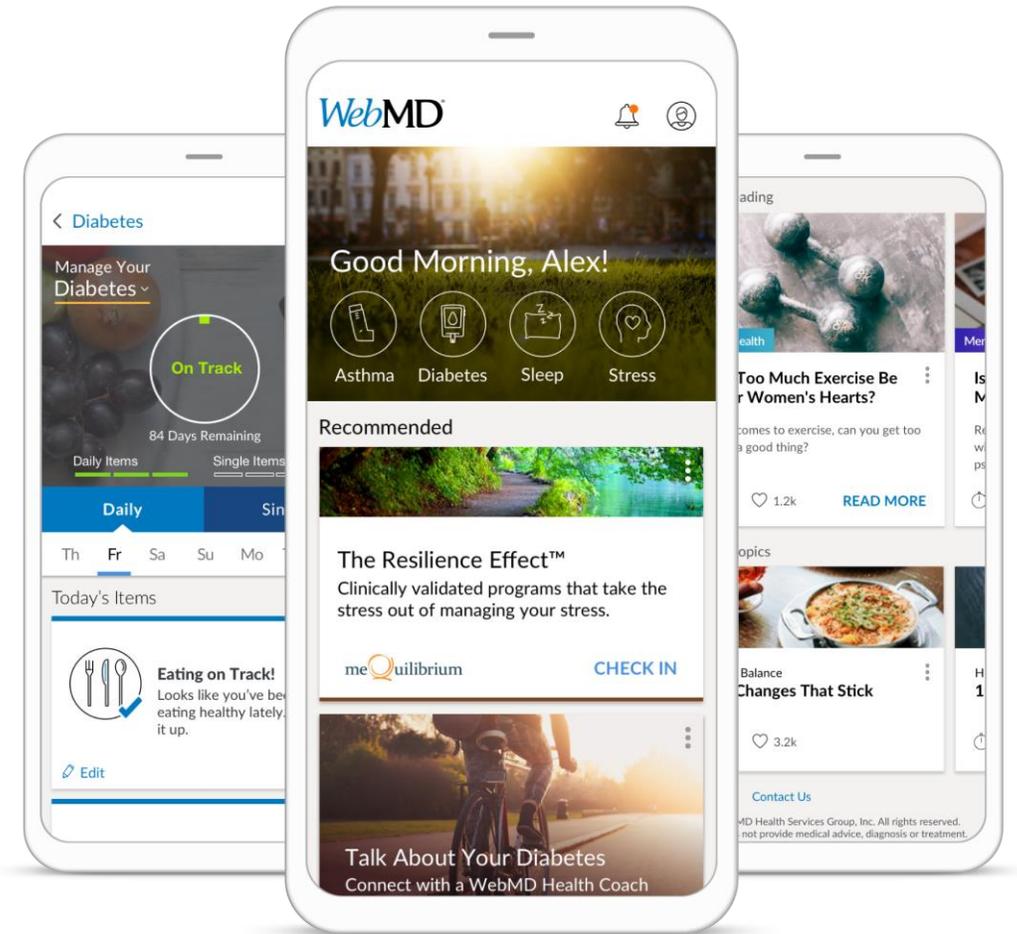
Let's get your phone connected

1 Install the FREE Wellness app from one of these stores:



2 Open the app and enter this Connection Code:

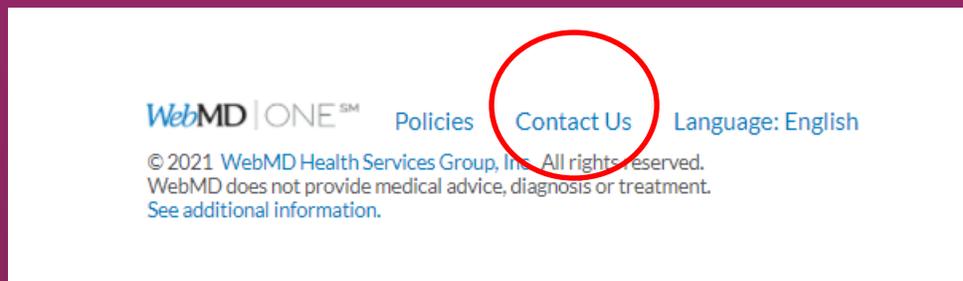
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Questions?

Contact us is found at the bottom of each page on the portal. You can call or email our customer service department with questions.



Customer Service 1-800-821-6591



Empowering Well-Being In Everyone

Resources

- 2022 Open Enrollment Preview Video
- Open Enrollment Webinars
- Member Resources

What's changing in 2022

Open Enrollment

September 27 - October 22, 2021



2022 Open Enrollment Preview Video

- 2-minute overview of 2022 changes to health benefits
- Applies to all members
- Available to view here: etf.wi.gov/video/etf-2022-open-enrollment-preview

2022 Health Benefit Webinars



ETF Benefit Webinars

- Throughout open enrollment
 - Health Insurance & Pharmacy Benefits for Active Members
 - Health Insurance & Pharmacy for Retirees
 - Dental & Supplemental Programs
 - Pre-Tax Savings Accounts
 - Wellness Program



Benefit Vendor Q&A Webinars

- All health plans and vendors participating
- Throughout open enrollment



- Registration required via ETF website
- No PII/PHI permitted
- See ETF website at etf.wi.gov/health for session details and to register

Health Benefits Education Center

- New website section with information and resources about common conditions
 - Headache and migraine
 - Upper respiratory infections
 - Resources for sick children
- To learn more, visit etf.wi.gov/health-benefits-education



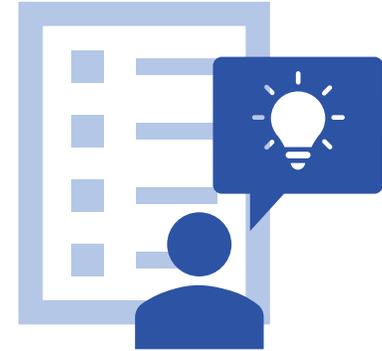
Featured Topics



Upper Respiratory Infections

Member Resources

- ETF website
 - Health landing page – etf.wi.gov/health
- Important Changes for 2022
 - State employees
 - Local employees – same for all Local Program Options
 - See meeting materials for PDF versions
- Health Plan and Vendor [contact information](#)
- [2022 Decision Guides](#)





Next Steps

Open Enrollment: September 27 – October 22, 2021

- Visit the ETF website or attend an ETF webinar for more information about health benefits changes for plan year 2022
- Contact the vendor or your employer benefits specialist with specific questions





Thank You



[wi_etf](#)



[etf.wi.gov](#)



ETF E-mail Updates



608-266-3285
1-877-533-5020

