Well Wisconsin Trivia how to implement at your worksite

Well Wisconsin Champions, you can encourage participants to get purposeful about their well-being and discover Well Wisconsin resources with a fun trivia game. Identify an opportunity to play trivia onsite or virtually with employees.

How to Play:

- Ask participants to play trivia either onsite or virtually.
- Encourage participants to consult with the following resources for support in answering questions:
 - webmdhealth.com/wellwisconsin.
 - WebMD's wellness at your side app, available on the app store and google play with SOWI as the connection code.



Playing Onsite:

• Use the PDF trivia game for an onsite game, sharing slides and asking participants 9 questions about the Well Wisconsin program. Ask employees to record their answers and tally their correct score. Consider adding this game as a wellness break during staff meetings.

Playing Virtually:

• Share the Well Wisconsin <u>trivia game link</u> with employees, who will see answers after completing each question. Consider including this game in newsletters or email updates as your remind employees of the incentive deadline.

Timeline:

• Implement this resource well before the Oct. 13, 2023 deadline to allow time to earn the Well Wisconsin incentive. If you play this game on or after Sept. 7, remove the last question about the Stressless challenge with registration ending Sept. 6, 2023.

The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.



