

# Who's Your REASON?



**Good news: It's time to get a health check.**

**Better news: You have more options.**

**Best news: It can help  
you earn your \$150  
Well Wisconsin incentive.**

*Health checks are available to employees and their spouses who are enrolled in the State of Wisconsin Group Health Insurance Program.*

**WHAT ARE MY HEALTH CHECK OPTIONS?** Choose from the following to complete the health check portion of the Well Wisconsin program:

- **Biometric screening:** Click "SCHEDULE NOW" on the Quest Diagnostics slide at [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com). You'll have two options:
  - **At-home test kit:** Request a kit by registering and clicking "Order Materials." To meet the October 9 deadline, please request your kit by September 25.
  - **Onsite screening event:** Find an event near you by registering and clicking "Make an Appointment."
- **Health Care Provider Form:** If you're up-to-date on your health care, you may download the fillable form from the Biometric Health Screening slide on the [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com) homepage and complete it.
- **Dental cleaning:** Complete a routine dental cleaning visit between January 1 and October 9. Report your completion on the My Incentives tab of the portal.
- **One health coaching call:** Call **800-821-6591** to schedule a call, or schedule a video meeting on [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com) or on the My StayWell app.

Complete your health check, along with your health assessment and well-being activity, by October 9 to earn your \$150 gift card.

**QUESTIONS?** Contact the StayWell HelpLine at **800-821-6591** or [wellwisconsin@staywell.com](mailto:wellwisconsin@staywell.com).

The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.

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**WELL WISCONSIN**  
Healthier starts with you