

The  
**INVITATIONAL**  
TEAM STEPS CHALLENGE

**REGISTER TODAY!**

Registration for The 2023 Invitational Team Steps Challenge is open from March 29 to April 18 at [webmdhealth.com/wellwisconsin](https://webmdhealth.com/wellwisconsin).

The challenge runs April 19 to May 24..



**EARN REWARDS.**

To complete the Invitational, log at least 5 days of steps in all five rounds of the challenge. Completing this year's Invitational Challenge fulfills the well-being activity reward in the Well Wisconsin program. Remember to also complete the health assessment and a health check to earn \$150.

**DOWNLOAD OUR APP.**

Use **Wellness At Your Side™** from WebMD to register and track your steps during The Invitational. Enter "SOWI" as the connection code.



The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.

# The INVITATIONAL

## TEAM STEPS CHALLENGE

### HOW TO CREATE A TEAM:

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- STEP 1.**  
Select "Start a team."
  - STEP 2.**  
Choose a color and select "next."
  - STEP 3.**  
Choose a mascot and select "finish."
  - STEP 4.**  
Locate "Invite TeamMembers" and select the "+" sign. In the pop-up window "Invite by email" add your email address and custom message in the "message" box.
  - STEP 5.**  
You must fill your team of 5 by the end of registration or you will have someone placed on your team.
  - STEP 6.**  
If you want to make your team private select "yes" for invite only. If you select "no" then anyone can join. If you do not have 5 members by the end of registration individuals with no team will be added.
  - STEP 7.**  
If you want to switch your current team select "team" from the Invitational platform and select "leave team" at the bottom of the roster.
  - STEP 8.**  
You can help keep your teammates accountable with a private group chat.