Deadline Ahead:

Claim Your \$150 By October 14!

Be in the Moment

Be Present. Be Well.

The great news? There's \$150 out there with your name on it! The slightly more timely news? You've only got until October 14 to complete your Well Wisconsin activities and earn it.

Yes, there's still time. Yes, it's easy!

Complete these three activities

by October 14, 2022:

- Take the online health assessment.
- Complete a health check.
- Complete a well-being activity.



Log in to get going!

Visit webmdhealth.com/wellwisconsin. You can also download the Wellness At Your SideTM app to access Well Wisconsin wherever you are. Search for "Wellness At Your Side" in the App Store or on Google Play. Use Connection Code **SOWI**.

Questions? Call 800-821-6591.



