

# Well Wisconsin Webinar

## Understanding Diabetes

August 14th, 2019 | noon–12:30 p.m.

In the last 20 years, the number of adults diagnosed with diabetes has more than tripled. Diabetes concerns every family and simple prevention can lower your risk. Could you spot the warning signs of diabetes?



Registration is now open to everyone even if you don't currently have a StayWell portal account! [CLICK HERE](#) to register now.



Join us to learn about:

- ✓ What is diabetes?
- ✓ What are the signs and symptoms?
- ✓ What can I do to prevent diabetes?
- ✓ What can I do if I already have it?

*All webinars are recorded and available to Well Wisconsin Program participants on the StayWell wellness portal after the event date.*