**June Employer Sponsored Activity:** **Financial Wellness, Wisconsin Strong**

One of our main stressors in life is finances and being stressed about money impacts our health and mental well-being. That, coupled with the financial strains caused by the pandemic, has caused a lot of hardship and worry for employees across the nation. ETF recently debuted Wisconsin Strong, a financial security program available to everyone in the Wisconsin Retirement System. This program was developed to empower members to build financial security and achieve financial wellness.

This month we encourage you to focus on your financial health. Head out to the [website](https://etf.wi.gov/wi-strong) and take the Financial Fitness Checkup. You will then have access to 100s of interactive courses, articles and videos. You will also receive a code to enter in the Employer Sponsored Activity section of your rewards tab in your [Well Wisconsin](https://webmdhealth.com/wellwisconsin)\* portal.

There are resources for everyone no matter how old you are or where you might be in your career. Get started by clicking on the link below and become financially healthier.

*\*Well Wisconsin rewards are only available to subscribers and spouses enrolled in the State of Wisconsin Group Health Insurance Program, except for members who are enrolled in UHC’s Medicare Advantage plan.*