



## Well Wisconsin Radio Live Podcast

Stewart Lake County Park, June 26 from 4:30 to 6 pm

Are you looking for a fun way to get out in nature, get moving, and nourish your body? Come experience the natural world in a new way with the Well Wisconsin team for an onsite podcast interview and foraging walk at Stewart Lake County Park on June 26 from 4:30 to 6 pm. We will start the event at 4:30 pm with an onsite podcast interview about the benefits of foraging and what you need to know to get started. Then, we will head out on a foraging walk from around 5:15 to 6 pm to explore and look for natural foods with our expert guides.

### Foraging for Natural Foods with Vince Aiello and Meredith Rhodes

Register today! Invite your friends, family and coworkers to join as well, simply forward this flyer and ask them to register.

Scan to Register

After you register, we'll follow up with an email from [wellwi-employersupport@webmd.net](mailto:wellwi-employersupport@webmd.net) with details about where to meet. If you have questions about this event, please contact us at [wellwi-employersupport@webmd.net](mailto:wellwi-employersupport@webmd.net).

