



WHERE YOU

**BELONG**

Find health and closer connection.

## Work Toward Wellness

Well Wisconsin can help you feel happy, healthy and at home as you work toward well-being. Plus, you can earn a \$150 Well Wisconsin prepaid card\* when you complete these three activities by **October 11, 2024**:

- 1. Health assessment:** Complete WebMD ONE's 15-minute questionnaire to get a personalized status report on your health.
- 2. Health check:** Complete a biometric screening, dental exam or one coaching session.
- 3. Well-being activity:** Complete one of the many activities WebMD has to offer.

### DOWNLOAD OUR MOBILE APP, WELLNESS AT YOUR SIDE

- 1.** Visit the Apple App Store or the Google Play Store and search for "Wellness At Your Side."
- 2.** After downloading and opening the app, enter your Connection Code: SOWI.

Get started at

[webmdhealth.com/wellwisconsin](https://webmdhealth.com/wellwisconsin).

**QUESTIONS?** Call **800-821-6591**.

\*The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.