WHERE YOU BELLONG Find health and closer connection.

WELL WISCONSIN SCREENING EVENTS

Join us for a Well Wisconsin health screening^{*} event at a location near you! All employees, spouses and retirees who are enrolled in the State of Wisconsin Group Health Insurance Program are welcome to participate. Discover your numbers for blood pressure, body mass index (BMI), cholesterol (HDL, LDL and total), triglycerides and glucose. While you're there, celebrate Mental Health Awareness Month by exploring tips and resources to help you discover your healthiest state of mind. Completing a health check (plus completing the health assessment and a well-being activity), earns you \$150...and they're ALL a big boost for your overall wellness.

Know where your health stands. Join an onsite event near you:

- April 30: Milwaukee, UW
- May 1: Madison, DCF
- May 9: Stevens Point, UW
- May 10: Madison, Hill Farms
- May 13: Madison, OCI
- May 13: Superior, UW
- May 17: Oshkosh, DNR
- May 20: Green Bay, DNR
- May 23: Rhinelander, DCF
- May 24: Wausau, UW
- May 29: Madison, Hill Farms
- June 11: La Crosse, UW

TO REGISTER:

Go to <u>webmdhealth.com/wellwisconsin</u>, click "Benefits". On the Biometric Screening card, click "Get Started." Under "Onsite Health Screening" click to register and you will be directed to the Quest site. Find a screening near you to reserve your spot, or request a self-collection kit if you cannot attend one of the onsite events.

The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.



