

BE IN THE
MOMENT

Be Present. Be Well.

Deadline Ahead:

Claim Your \$150 By October 13!

Guess what? There's \$150* out there with your name on it! But you've only got until **October 13, 2023** to complete your Well Wisconsin activities and claim it.

YES, THERE'S STILL TIME. YES, IT'S EASY!

Just complete these three activities by October 13, 2023:

- Take the online health assessment.
- Complete a health check. This can be a biometric screening, a dental exam, or one coaching session.
- Complete a well-being activity.

Find your health check and well-being activity options at webmdhealth.com/wellwisconsin.

LOG IN TO GET GOING!

Visit webmdhealth.com/wellwisconsin. You can also download the Wellness At Your Side™ app to access Well Wisconsin wherever you are. Search for "Wellness At Your Side" in the App Store or on Google Play. Use Connection Code **SOWI**.

Questions? Call **800-821-6591**.

HOW TO REDEEM YOUR INCENTIVE.

1. You'll receive an email with instructions to redeem your prepaid card virtually about 2 to 3 business days after your three Well Wisconsin activities are marked complete.
2. If you prefer a physical prepaid card is mailed to your home, select that option and verify your mailing address.
3. If you do not redeem within 30 days, it will automatically be sent to the address on file with your employer or ETF.

*The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.