

# 2023 Health Benefits Decision Guide

State of Wisconsin Group Health Insurance for Retirees and COBRA Continuants



### **About This Guide**

This guide provides a high-level overview of benefits available to you for 2023; open enrollment is **September 26 to October 21, 2022**. For complete information, visit **etf.wi.gov/insurance** 

### Your Enrollment Checklist

#### I'm happy with my benefits

- ☐ Review changes for next year Each year there are changes to your benefits. Make sure that your plan is still available in your area.
  - You do not need to re-enroll in health, dental, or vision insurance each year if you want to keep the same coverage you have now.
     Double check that your providers are still available.
  - Every year, you do need to re-enroll for other options, such as an HSA account.

### ☐ Make sure your doctors are still covered

Go to our website to see the provider directory for your health plan.

If you are not changing health coverage, no action is needed.

#### HDHP participants only

#### ☐ Re-enroll in your Health Savings Account (HSA)

You must re-enroll each year. Visit our website for enrollment instructions.



Do you have questions? Contact ETF at 1-877-533-5020.

#### I'd like to make a change or I'm new

#### ☐ Follow these steps:

#### Are you a non-Medicare retiree?

You can use Benefits Mentor, our virtual benefits counselor at **etf.wi.gov/benefits-mentor** to get started. The tool will ask you questions about your health care needs and pull up your claims information from last year (if available). It will make personalized plan design recommendations after considering your medical needs and what is most important to you when choosing a health plan.

# Are you a retiree with Medicare and non-Medicare members on your health insurance?

Pick a Medicare health plan.

- If IYC Medicare Advantage or Medicare Plus is selected, then pick a second plan for your non-Medicare members.
- If Health Plan Medicare is selected, your non-Medicare members will have the same health plan, just the non-Medicare version.

# Are you a retiree with Medicare and all members on your health insurance are enrolled in Medicare Parts A and B?

Pick a Medicare health plan. All members will have the same health plan.

#### ☐ Enroll

Once you've used Benefits Mentor or followed the steps in this book, complete a *Group Health Insurance Application/Change for Retirees* (ET-2331), available online or from ETF.

## What's Changing in 2023

#### **WEA Trust No Longer Available - Action Required**

If you are currently enrolled in a WEA Trust health plan, you must enroll in a new health plan during open enrollment. WEA Trust Plans include:

• Access Plan by WEA Trust

- WEA Trust East
- State Maintenance Plan (SMP) by WEA Trust
   WEA Trust West Chippewa Valley

• Medicare Plus by WEA Trust

• WEA Trust West – Mayo Clinic Health System

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If you do not enroll in a new health plan, you will not have coverage as of January 1, 2023. See page 11 for health plans by county and visit etf.wi.gov/upcoming-health-plan-changes for more help selecting a new plan.

#### **New Administrators**

If Your 2022 Plan is:	To Continue Coverage in 2023, You Must Enroll in:
Access Plan by WEA Trust	Access Plan by Dean Health Plan
State Maintenance Plan (SMP) by WEA Trust	SMP by Dean Health Plan*
Medicare Plus by WEA Trust	Medicare Plus by UnitedHealthcare

<sup>\*</sup> SMP will continue to be offered in Florence County. Use the health plan search on our website to find health plans and covered providers where you receive care.

#### New Health Plan and Service Areas

There is one new health plan, and several health plans are offering new service areas. See Health Plans by County on page 11 for coverage details.

	Common Ground Healthcare Cooperative	Dean Health Plan - Prevea360 West and Mayo Clinic	GHC of Eau Claire River Region	HealthPartners Southeast	Security Health Plan
Coverage Area	Eastern WI	Western WI	West Central WI	Southeast WI	West Central WI
Major Health Systems	Advocate Aurora Health ThedaCare BayCare Clinic	Prevea Health Clinics Mayo Clinic Health System OakLeaf Clinics	Marshfield Clinic Health System OakLeaf Clinics Hospital Sisters Health System	Advocate Aurora Health Children's Wisconsin	Marshfield Clinic Health System

Common Ground Healthcare Cooperative is in partnership with GHC of Eau Claire

# What's Changing in 2023 (Continued)

#### **WEA Trust Alternatives**

The chart below lists some commonly available alternatives in the current WEA Trust service areas. Provider access varies by plan. Before selecting a plan, verify your providers are covered. More providers are available.

If Your 2022 Plan is:	WEA Trust – East	WEA Trust West – Chippewa Valley	WEA Trust West – Mayo Clinic Health System
For 2023, You May Want to Consider:	Includes Advocate Aurora Health providers:	Includes Marshfield Clinic providers:  • GHC of Eau Claire Greater Wisconsin  • GHC of Eau Claire River Region  • Security Health Plan	Includes Mayo Clinic Health System providers:  • Dean Health Plan – Prevea360 West and Mayo Clinic Health System

#### **Medical Benefit Changes**

- Health plans may now waive prior authorization for remote patient monitoring when appropriate.
- Separate behavioral therapy sessions for a patient's immediate family are now allowed as part of an ongoing mental health and substance use disorder treatment plan.

#### **Pharmacy Benefit Changes**

A new specialty drug program (clear bagging) has been added through the University of Wisconsin Specialty Pharmacy for non-Medicare members receiving care within the UW Health System. This new program is limited to certain non-oncology specialty drugs. Contact your specialty drug administrator for more information.

#### **Pre-Tax Savings Accounts**

The HSA contribution limit has changed. See page 18 for details.

#### **Health Plan Name Changes**

A few health plans have changed their names. If you are enrolled in one of the health plans listed below, you do not need to take any action to stay enrolled.

Old Name	New Name
Dean Health Plan – Prevea360	Dean Health Plan – Prevea360 <b>East</b>
GHC of Eau Claire	GHC of Eau Claire  Greater Wisconsin
HealthPartners	HealthPartners <b>West</b>

### Attend a Health Benefit Webinar

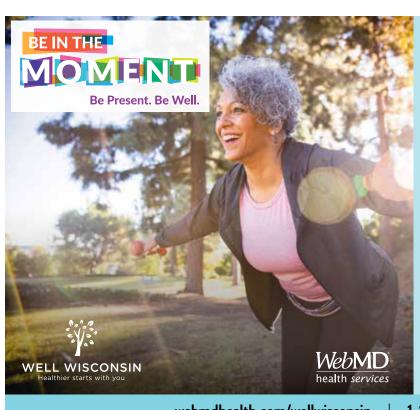
ETF will be hosting a number of webinars during the open enrollment period for you to learn about the 2023 plan year, including six webinars focused on changing from WEA Trust to a new health plan. You'll have the opportunity to ask questions directly to health plans and vendors like Delta Dental and WebMD. Visit etf.wi.gov/insurance to register.



### **Boost Your Protection!**

The best way to stop the spread of COVID-19 is to get vaccinated and keep up to date on booster doses. COVID-19 vaccines are covered by the medical and pharmacy benefit for all non-Medicare members, and by the medical benefit (Part B) for Medicare members.

Visit etf.wi.gov/insurance/health-pharmacy/your-health-benefits-and-covid-19 for the latest COVID-19 information.



Well Wisconsin 2023:

### Your healthiest moments are ahead.

Well Wisconsin, powered by WebMD ONE, supports you on the path to good health and rewards you with a \$150 incentive. Through Well Wisconsin, you have access to tools to support your well-being, from fun challenges to health coaching and personalized guidance.

Note: Retirees will see taxes removed from the total gift card amount. Medicare Advantage participants are not eligible for the Well Wisconsin incentive and have wellness incentives available through UnitedHealthcare.

webmdhealth.com/wellwisconsin

1-800-821-6591

All health and wellness incentives are considered taxable income to the subscriber and are reported to your employer, who will issue a W-2. The Wisconsin Retirement System acts as the employer for retirees and continuants. Personal health information is protected by federal law and will not be shared with ETF, the Group Insurance Board, or your employer.



# For Participants <u>without</u> Medicare Step 1: Choose a Plan Design

A plan design determines:

- How much you pay per month
- How much you pay when you visit a provider
- Whether you can see providers locally or nationwide
- If you can see providers out-of-network

### **Quick Comparison**

A high-level overview of the available plan designs. See the next page for a breakdown of costs when you visit the doctor, have labs drawn, or fill a prescription.

	IYC Health Plan	High Deductible Health Plan (HDHP)	Access Plan	Access HDHP
Monthly Cost (Premium)	<b>\$\$</b> \$\$	<b>\$</b> \$\$\$	\$\$\$\$	<b>\$\$\$</b> \$
Cost Per Visit	<b>\$\$</b> \$\$	\$\$\$\$	<b>\$\$</b> \$\$	\$\$\$\$
Provider Availability	Local	Local	Nationwide	Nationwide
Nationwide Pharmacies	<b>~</b>	<b>~</b>	<b>~</b>	<b>~</b>
Out-of-Network Benefits	Emergency and urgent care	Emergency and urgent care	~	<b>✓</b>
Available Health Plan(s)	10 plans	10 plans	Dean Health Plan	Dean Health Plan
Save money pre-tax in a Health Savings Account (required to have open account)		<b>✓</b>		<b>✓</b>

### Breakdown of Your Medical Costs

The table below lists how much you will pay for common services received in-network.

	IYC Health Plan	Access Plan	HDHP	Access HDHP
Annual Medical Deductible Individual / Family Amount you pay for services before your health plan starts to pay. Counts toward out-of-pocket limit (OOPL)	Office visit cop services, and pre	/ 500 bays, preventive scription drugs do d your deductible	\$1,500 / 3,000 Families: Must meet full famil deductible	
Annual Medical Out-of-Pocket Limit (OOPL) Individual / Family The most you will pay in a year for covered medical services	\$1,250	/ 2,500	\$2,500 / 5,000 Families: Must meet full family OOPL before your plan pays 100%	
Medical Coinsurance Percentage of costs of a covered service you pay, beyond the office visit copay such as X-rays and lab work		eductible met ctible: 10%	100% until deductible met After deductible: 10%	
Preventive Services Routine health care like check ups to prevent illness and disease. See healthcare.gov/preventive-care- benefits	,	50 ys 100%	\$0 Plan pays 100%	
Telemedicine Services	-	rvice type, see Varies by service type, see 'telemedicine etf.wi.gov/telemedicine		
Primary Care Office Visit		copay oward deductible		deductible met tible: \$15 copay
Specialty Provider Office Visit		\$25 copay 100% until deductible me		
Urgent Care	\$25 copay 100% until deductible  Does not count toward deductible  After deductible: \$25 co			
Emergency Room Copay waived if admitted to inpatient directly from emergency room or for observation for 24 hours or longer	\$75 copay  Deductible and coinsurance applies to services beyond the copay  \$75 copay  100% until deductible  After deductible: \$75 co coinsurance applies to services beyond the copay		tible: \$75 copay, applies to services	

The Access Plan and Access HDHP offer out-of-network benefits. To learn about the out-of-network benefits, visit our website.

Open Enrollment 2023 etf.wi.gov/insurance

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### Breakdown of Your Pharmacy Costs

You must use an in-network pharmacy. Visit **etf.benefits.navitus.com** to find an in-network pharmacy near you. In-network pharmacies are available nationwide.

	IYC Health Plan	Access Plan	НДНР	Access HDHP
Prescription Deductible (Individual / Family)	None		Combined medical & pharmacy: \$1,500 / 3,000 You pay 100% of most pharmacy costs until deductible is met <sup>1</sup>	
Prescription Copay / Coinsurance				
Level 1	\$5 01	rless	After deductible: \$5 or less	
Level 2	20% (\$50 max)		After deductible: 20% (\$50 max)	
Level 3	40% (\$150 max) <sup>2</sup>		After deductible:	40% (\$150 max) <sup>2</sup>
Level 4	\$50 copay <sup>3</sup>		After deductib	le: \$50 copay³
<b>Preventive</b> (As federally required)	\$0 - Plan រុ	pays 100%	\$0 - Plan p	pays 100%
Prescription Out-Of-Pocket Limit	iption Out-Of-Pocket Limit			
Levels 1 & 2 (Individual / Family)	\$600 /	1,200	Combined medical & pharma	
Levels 3 & 4 (Individual / Family)	\$9,100,	/ 18,200	\$2,500	/ 5,000

<sup>&</sup>lt;sup>1</sup>Before you meet your deductible, preventive drugs are covered 100% and certain maintenance medications only require a copayment or coinsurance. See our website for more information.

#### **START SAVING WITH**



Save time and money by using the home delivery pharmacy benefit offered by your health benefit program. As a Serve You Rx plan member, you can have the medications you take on a regular basis delivered right to your door with Serve You DirectRx Pharmacy.\*



Easy Refills, Pharmacist Support 24/7, and Secure Packaging\*\*

#### **Call 800-481-4940 to get started today!**



**Customer service available:** Monday-Friday 7:30 a.m. - 9 p.m., Saturday 8 a.m. - 6 p.m., and Sunday 9 a.m. - 3 p.m. \*Serve You DirectRx Pharmacy, located in Milwaukee, WI, administers your home delivery prescription benefit. \*\*Free standard shipping to your home or other address of your choice.

ServeYouRx.com

<sup>&</sup>lt;sup>2</sup>For Level 3 "Dispense as Written" or "DAW-1" drugs, your doctor must submit a one-time FDA MedWatch form to Navitus. If there is no form on file with Navitus, you will pay more. Contact Navitus for details.

<sup>&</sup>lt;sup>3</sup>Must fill at Lumicera Health Services specialty pharmacy or UW Health Specialty Pharmacies.



For Participants with Medicare

# Step 1: Choose a Plan Design

A plan design determines:

- How much you pay per month
- How much you pay when you visit a provider
- Whether you can see providers locally or nationwide
- If your health plan will help pay for services not covered by Medicare

### **Quick Comparison**

A high-level overview of the available It's Your Choice plan designs. See the next page for a breakdown of costs when you visit the doctor, have labs drawn, or fill a prescription.

	IYC Medicare Advantage Medicare Plus		Health Plan Medicare
Monthly Cost (Premium)	<b>\$</b> \$\$	<b>\$\$</b> \$	\$\$\$
Provider Availability (Provider must accept Medicare payments)	Nationwide	Worldwide	Local
Nationwide Pharmacies	~	<b>✓</b>	<b>✓</b>
Available Health Plan(s)	UnitedHealthcare	UnitedHealthcare	10 plans
Helps Pay for Services Not Covered by Medicare	Also helps pay for: hearing aids, routine hearing and vision exams, durable medical equipment not covered by Medicare	None	Also helps pay for: hearing aids, routine hearing and vision exams, durable medical equipment not covered by Medicare
Covered Length of Stay at a Skilled Nursing Facility	120 days at any facility	120 days at a Medicare- approved facility, or 30 days at a facility not approved by Medicare	120 days at any facility

### Breakdown of Your Medical Costs

	IYC Medicare Advantage & Health Plan Medicare	Medicare Plus
Annual Medical Deductible	\$0	\$0
Annual Medical Coinsurance	\$0*	\$0*
Annual Medical Out-of- Pocket Limit (OOPL)	None*	None*
Outpatient illness/injury related services	\$0	\$0
Emergency Room Copay	\$60 copay (Waived if admitted as an inpatient directly from the emergency room or for observation for 24 hours or longer)	\$0
<b>Licensed Skilled Nursing Facility</b> Medicare-covered services in a Medicare-approved facility	\$0 for the first 120 days, 100% after 120 days <b>3-day hospital stay required</b> for Health Plan Medicare (Not required for IYC Medicare Advantage)	\$0 for the first 120 days, 100% after 120 days <b>Requires a 3-day hospital stay</b>
<b>Licensed Skilled Nursing Facility</b> (Non-Medicare approved facility) If admitted within 24 hours following a hospital stay	\$0 for the first 120 days, 100% after 120 days	\$0 for eligible expenses for the first 30 days, 100% after 30 days
Hospital Semiprivate room and board, and miscellaneous hospital services and supplies such as drugs, X-rays, lab tests, and operating room	\$0 Must be medically necessary Health Plan Medicare: Must be in- network unless emergency	\$0 for first 90 days and up to 150 days with "lifetime reserve" "Lifetime reserve" days are a one- time additional 60 days of hospital coverage paid by Medicare Once "lifetime reserve" is exhausted, you pay 100% after 120 days
Medical Supplies Durable medical equipment, durable diabetic equipment, and related supplies	Medicare-approved supplies: 20% up to \$500 OOPL per individual, after OOPL: \$0  Supplies NOT covered by Medicare: 20% up to \$500 OOPL per individual, after OOPL: \$0	Medicare-approved supplies: \$0 Supplies NOT covered by Medicare: 100%
Routine Hearing Exam	\$0	You pay 100%
Hearing Exam for Illness or Disease	\$0	\$0

	IYC Medicare Advantage & Health Plan Medicare	Medicare Plus
<b>Hearing Aid</b> per ear, every 3 years	20% until plan pays \$1,000, then 100% of the costs	You pay 100%
Home Health Care If receiving care under a doctor for part-time skilled nursing care, part-time home health aide care, physical therapy, occupational therapy, speech-language pathology services, medical social services	Medicare pays: 100% for visits considered medically necessary by Medicare, generally fewer than 7 days a week, less than 8 hours a day and 28 or fewer hours per week for up to 21 days Plan pays: 100% for 50 visits per year, plan may approve an additional 50 visits  IYC Medicare Advantage has no visit limits  You pay: Full costs of visits not covered by Medicare and the plan beyond the 50 (or if approved, 100) visits per year	Medicare pays: 100% for visits considered medically necessary by Medicare, generally fewer than 7 days a week, less than 8 hours a day and 28 or fewer hours per week for up to 21 days  Plan pays: 100% for up to 365 visits per year  You pay: Full costs of visits beyond 365 visits per year

<sup>\*</sup>Different for medical supplies and hearing aids

### Breakdown of Your Pharmacy Costs

Visit **members.navitus.com** to find an in-network pharmacy near you. In-network pharmacies are available nationwide. All It's Your Choice Medicare plan designs have the same pharmacy benefits.

Prescription Deductible	None
Prescription Copay / Coinsurance	
Level 1	Up to \$5
Level 2	20% (\$50 max)
Level 3	40% (\$150 max)
Level 4	\$50*
Preventive As federally required	\$0 - Plan pays 100%
Prescription Out-Of-Pocket Limit	
Levels 1 & 2 (Individual / Family)	\$600 / 1,200
Level 3 (Individual / Family)	\$9,100 / 18,200
Level 4 (Individual / Family)	\$1,200 / 2,400

<sup>\*</sup>Price if you fill at Lumicera specialty pharmacy or UW Health Specialty Pharmacies. If you do not fill at one of these pharmacies, you will pay 40% (\$200 max). The amounts paid will not apply to the Level 4 OOPL, rather, to a limit of \$9,100 individual / \$18,200 family.



#### For <u>all</u> participants

# Step 2: Choose a Health Plan

Complete this step if you selected the IYC Health Plan, HDHP or Health Plan Medicare. Skip the map and turn to pages 15-17 for rates if you selected:

- an Access Plan design (available worldwide),
- IYC Medicare Advantage (available nationwide), or
- Medicare Plus (available worldwide).

#### A health plan determines:

- Where you can receive care
- What providers you can see

Provider directories can be found on our website. Some plans let you see providers in nearby states.

### Health Plans by County



#### Adams

- Dean Health Plan\*
- GHC of Eau Claire Greater WI
- Quartz Central

#### **Ashland**

- GHC of Eau Claire Greater WI
- HealthPartners West

#### Barron

- Dean Health Plan Prevea360 West and Mayo Clinic
- GHC of Eau Claire River Region
- Security

#### Bayfield

- GHC of Eau Claire Greater WI
- HealthPartners West\*

#### Brown

- Common Ground
- Dean Health Plan Prevea360 East
- Network Health
- Robin with HealthPartners

#### Buffalo

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- GHC of Eau Claire Greater WI
- Quartz West

Available in every county: **IYC Medicare Advantage** (available nationwide), or the **Access Plan** or **Medicare Plus** (both available worldwide).

#### Burnett

- GHC of Eau Claire Greater WI
- HealthPartners West

#### Calumet

- Dean Health Plan Prevea360 East
- Network Health
- Robin with HealthPartners

#### Chippewa

- Dean Health Plan Prevea360 West and Mayo Clinic
- · GHC of Eau Claire River Region
- Security
- Quartz West

#### Clark

- Aspirus Health Plan\*
- GHC of Eau Claire Greater WI
- Quartz West\*
- Security

#### Columbia

- Dean Health Plan
- GHC of South Central Wisconsin
- Quartz Central

#### Crawford

- Dean Health Plan\*
- Dean Health Plan Prevea360 West and Mayo Clinic\*
- · GHC of Eau Claire Greater WI
- Medical Associates Health Plan
- Quartz West

#### Dane

- Dean Health Plan
- GHC of South Central Wisconsin
- Quartz UW Health

#### Dodge

- · Dean Health Plan
- Network Health
- Quartz Central

#### Door

- Dean Health Plan Prevea360 East
- Network Health

#### Douglas

- GHC of Eau Claire Greater WI
- HealthPartners West

#### Dunn

- Dean Health Plan Prevea360 West and Mayo Clinic
- · GHC of Eau Claire River Region

#### Eau Claire

- Dean Health Plan Prevea360 West and Mayo Clinic
- · GHC of Eau Claire River Region
- Quartz West
- Security

#### Florence

- Aspirus Health Plan\*
- GHC of Eau Claire Greater WI\*
- Robin with HealthPartners\*
- State Maintenance Plan (SMP) by Dean

#### Fond du Lac

- · Common Ground
- Dean Health Plan
- Network Health
- Quartz Central
- Robin with HealthPartners

#### **Forest**

- Aspirus Health Plan
- · GHC of Eau Claire Greater WI

#### Grant

- · Dean Health Plan
- · GHC of Eau Claire Greater WI
- GHC of South Central Wisconsin
- Medical Associates Health Plan
- · Quartz Central

#### Green

- Dean Health Plan
- · GHC of Eau Claire Greater WI
- MercyCare Health Plan
- Quartz Central

#### **Green Lake**

- · Common Ground
- Dean Health Plan\*
- Network Health
- Quartz Central
- Robin with HealthPartners

#### Iowa

- Dean Health Plan
- GHC of Eau Claire Greater WI\*
- GHC of South Central Wisconsin
- Medical Associates Health Plan
- Quartz Central

#### Iron

- Aspirus Health Plan\*
- GHC of Eau Claire Greater WI

#### Jackson

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- GHC of Eau Claire Greater WI
- Quartz West

#### Jefferson

- Dean Health Plan
- GHC of South Central Wisconsin
- MercyCare Health Plan
- Quartz Central

#### Juneau

- Dean Health Plan
- GHC of Eau Claire Greater WI
- GHC of South Central Wisconsin
- Quartz Central

#### Kenosha

- HealthPartners Southeast
- Network Health

#### Kewaunee

- Common Ground
- Dean Health Plan Prevea360 East

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- Network Health
- Robin with HealthPartners

\*limited provider availability

Available in every county: IYC Medicare Advantage (available nationwide), or the Access Plan or Medicare Plus (both available worldwide).

#### La Crosse

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- · GHC of Eau Claire Greater WI
- Quartz West

#### Lafayette

- · Dean Health Plan
- GHC of Eau Claire Greater WI
- GHC of South Central Wisconsin
- Medical Associates Health Plan
- Quartz Central

#### Langlade

- Aspirus Health Plan
- · GHC of Eau Claire Greater WI

#### Lincoln

- Aspirus Health Plan
- · GHC of Eau Claire Greater WI
- Security

#### Manitowoc

- · Common Ground
- Dean Health Plan Prevea360 East
- Network Health
- Robin with HealthPartners

#### Marathon

- Aspirus Health Plan
- GHC of Eau Claire Greater WI
- Security

#### Marinette

- · Common Ground
- Dean Health Plan Prevea360 East\*
- Network Health
- · Robin with HealthPartners

#### Marquette

- Dean Health Plan\*
- Network Health\*
- Quartz Central
- Robin with HealthPartners\*

#### Menominee

- Dean Health Plan Prevea360 East
- Network Health\*
- Robin with HealthPartners

#### Milwaukee

- Common Ground
- HealthPartners Southeast
- Network Health

#### Monroe

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- · GHC of Eau Claire Greater WI
- Quartz West

#### Oconto

- Dean Health Plan Prevea360 East
- Network Health
- Robin with HealthPartners

#### Oneida

- · Aspirus Health Plan
- GHC of Eau Claire Greater WI
- Security

#### Outagamie

- · Common Ground
- Dean Health Plan Prevea360 East
- Network Health
- Robin with HealthPartners

#### Ozaukee

- · Common Ground
- HealthPartners Southeast
- Network Health

#### Pepin

- Dean Health Plan Prevea360 West and Mayo Clinic
- GHC of Eau Claire Greater WI
- · Quartz West

#### Pierce

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- · GHC of Eau Claire Greater WI
- HealthPartners Health Plan West

#### Polk

- GHC of Eau Claire Greater WI
- HealthPartners West

#### Portage

- Aspirus Health Plan
- · GHC of Eau Claire Greater WI
- Network Health\*
- Security

#### Price

- Aspirus Health Plan\*
- GHC of Eau Claire Greater WI
- Security

#### Racine

- · HealthPartners Southeast
- Network Health

#### Richland

- · Dean Health Plan
- · GHC of Eau Claire Greater WI
- Quartz Central

#### Rock

- · Dean Health Plan
- MercyCare Health Plan
- Quartz Central

#### Rusk

- GHC of Eau Claire River Region
- Security

#### Sauk

- Dean Health Plan
- GHC of South Central Wisconsin
- Quartz Central

#### Sawyer

GHC of Eau Claire Greater WI

#### Shawano

- · Aspirus Health Plan
- Common Ground
- Dean Health Plan Prevea360 Fast\*
- Network Health
- Robin with HealthPartners

Available in every county: IYC Medicare Advantage (available nationwide), or the Access Plan or Medicare Plus (both available worldwide).

\*limited provider availability

#### Sheboygan

- Common Ground
- Dean Health Plan Prevea360 East
- HealthPartners Southeast
- Network Health

#### St. Croix

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- GHC of Eau Claire Greater WI
- HealthPartners West

#### Taylor

- Aspirus Health Plan
- GHC of Eau Claire Greater WI
- Security\*

#### Trempealeau

- Dean Health Plan Prevea360 West and Mayo Clinic\*
- GHC of Eau Claire Greater WI
- Ouartz West

#### Vernon

- · Dean Health Plan
- Dean Health Plan Prevea360 West and Mayo Clinic
- GHC of Eau Claire Greater WI
- Ouartz West

#### Vilas

- Aspirus Health Plan
- · GHC of Eau Claire Greater WI
- · Security\*

#### Walworth

- Dean Health Plan\*
- MercyCare Health Plan
- Quartz Central

#### Washburn

- · GHC of Eau Claire Greater WI
- HealthPartners West

#### Washington

- Common Ground
- HealthPartners Southeast
- Network Health

#### Waukesha

- Common Ground
- Dean Health Plan
- HealthPartners Southeast
- Network Health
- Quartz Central

#### Waupaca

- · Common Ground
- Network Health\*
- Robin with HealthPartners

#### Waushara

- Aspirus Health Plan\*
- Common Ground
- Network Health\*
- Quartz Central
- Robin with HealthPartners

#### Winnebago

- Common Ground
- Network Health
- Robin with HealthPartners

#### Wood

- Aspirus Health Plan
- GHC of Eau Claire Greater WI

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- Quartz Central
- Security

\*limited provider availability

Available in every county: **IYC Medicare Advantage** (available nationwide), or the **Access Plan** or **Medicare Plus** (both available worldwide).



### Health Plan Quality

Each year, participating health plans are evaluated on key care delivery areas, such as wellness, prevention, disease management, customer satisfaction, and efficient use of resources. Participating health plans report health care quality outcomes to leading national organizations, such as the National Committee for Quality Assurance (NCQA) and the Centers for Medicare & Medicaid Services (CMS). Visit **etf.wi.gov** for more information about health plan quality. You can use these quality resources to help make an informed decision about which health plan is right for you.

### Monthly Premiums (Retirees without Medicare)

Total monthly premium prices are shown with and without Uniform Dental. Supplemental dental plans are available. See page 19 for dental information.

	<b>Individual</b> with / without dental	Family with / without dental	Individual with / without dental	<b>Family</b> with / without dental
	IYC Hea	alth Plan	HD	НР
Aspirus Health Plan	\$931.34 / 900.18	\$2,295.40 / 2,217.50	\$808.40 / 777.24	\$1,988.06 / 1,910.16
Common Ground	\$956.00 / 924.84	\$2,357.06 / 2,279.16	\$829.60 / 798.44	\$2,041.06 / 1,963.16
Dean Health Plan	\$820.58 / 789.42	\$2,018.50 / 1,940.60	\$713.14 / 681.98	\$1,749.92 / 1,672.02
Dean Health Plan - Prevea360 East	\$905.62 / 874.46	\$2,231.10 / 2,153.20	\$786.28 / 755.12	\$1,932.76 / 1,854.86
Dean Health Plan - Prevea360 West and Mayo Clinic Health System	\$1,004.64 / 973.48	\$2,478.66 / 2,400.76	\$871.44 / 840.28	\$2,145.66 / 2,067.76
GHC of Eau Claire Greater WI	\$914.76 / 883.60	\$2,253.96 / 2,176.06	\$794.14 / 762.98	\$1,952.42 / 1,874.52
GHC of Eau Claire River Region	\$1,032.94 / 1,001.78	\$2,549.40 / 2,471.50	\$895.78 / 864.62	\$2,206.52 / 2,128.62
GHC of South Central Wisconsin	\$775.52 / 744.36	\$1,905.86 / 1,827.96	\$674.40 / 643.24	\$1,653.06 / 1,575.16
HealthPartners Southeast	\$940.98 / 909.82	\$2,319.50 / 2,241.60	\$816.68 / 785.52	\$2,008.76 / 1,930.86
HealthPartners West	\$918.60 / 887.44	\$2,263.56 / 2,185.66	\$797.44 / 766.28	\$1,960.66 / 1,882.76
Medical Associates Health Plans	\$857.58 / 826.42	\$2,111.00 / 2,033.10	\$744.96 / 713.80	\$1,829.46 / 1,751.56
MercyCare Health Plans	\$754.88 / 723.72	\$1,854.26 / 1,776.36	\$656.64 / 625.48	\$1,608.66 / 1,530.76
Network Health	\$979.98 / 948.82	\$2,417.00 / 2,339.10	\$850.22 / 819.06	\$2,092.62 / 2,014.72
Quartz Central	\$918.96 / 887.80	\$2,264.46 / 2,186.56	\$797.76 / 766.60	\$1,961.46 / 1,883.56
Quartz UW Health	\$796.92 / 765.76	\$1,959.36 / 1,881.46	\$692.80 / 661.64	\$1,699.06 / 1,621.16
Quartz West	\$893.68 / 862.52	\$2,201.26 / 2,123.36	\$776.02 / 744.86	\$1,907.12 / 1,829.22
Robin with HealthPartners	\$1,005.82 / 974.66	\$2,481.60 / 2,403.70	\$872.46 / 841.30	\$2,148.22 / 2,070.32
Security Health Plan	\$979.16 / 948.00	\$2,414.96 / 2,337.06	\$849.52 / 818.36	\$2,090.86 / 2,012.96
State Maintenance Plan (SMP)¹ - Dean Health Plan	\$1,092.54 / 1,061.38	\$2,698.40 / 2,620.50	\$927.98 / 896.82	\$2,287.02 / 2,209.12
	Access Plan		Access HDHP	
Dean Health Plan <sup>1</sup>	\$1,410.26 / 1,379.10	\$3,492.72 / 3,414.82	\$1,194.88 / 1,163.72	\$2,954.28 / 2,876.38

<sup>&</sup>lt;sup>1</sup>Members with the Access Plan or SMP coverage who enroll in Medicare Parts A and B will automatically be moved to the Medicare Plus plan. All other non-Medicare family members will remain covered under the Access Plan or SMP.

### Monthly Premiums (Retirees with Medicare)

"Medicare All" is family coverage where all insured members are enrolled in Medicare Parts A, B, and D. "Medicare Some" is family coverage with at least one insured family member enrolled in Medicare Parts A, B, and D. The "Medicare Some" rates below include the IYC Health Plan for non-Medicare members. For HDHP rates, visit our website. Total monthly premiums are shown with and without Uniform Dental. Supplemental dental plans are available.

See page 19 for dental information.

	<b>Individual</b> with / without dental	<b>Medicare Some</b> with / without dental	<b>Medicare All</b> with / without dental
IYC Medicare Advantage by UnitedHealthcare	\$226.14 / 194.98	See next page	\$430.32 / 368.00
Medicare Plus by UnitedHealthcare	\$396.48 / 365.32	See next page	\$771.00 / 708.68
	Health Plan Medicare		
Aspirus Health Plan	\$561.54 / 530.38	\$1,470.92 / 1,408.60	\$1,101.12 / 1,038.80
Common Ground	\$573.88 / 542.72	\$1,507.92 / 1,445.60	\$1,125.80 / 1,063.48
Dean Health Plan	\$469.38 / 438.22	\$1,268.00 / 1,205.68	\$916.80 / 854.48
Dean Health Plan - Prevea360 East	\$539.48 / 508.32	\$1,423.14 / 1,360.82	\$1,057.00 / 994.68
Dean Health Plan - Prevea360 West and Mayo Clinic Health System	\$587.82 / 556.66	\$1,570.50 / 1,508.18	\$1,153.68 / 1,091.36
GHC of Eau Claire Greater WI	\$553.26 / 522.10	\$1,446.06 / 1,383.74	\$1,084.56 / 1,022.24
GHC of Eau Claire River Region	\$612.34 / 581.18	\$1,623.32 / 1,561.00	\$1,202.72 / 1,140.40
GHC of South Central Wisconsin	\$483.64 / 452.48	\$1,237.20 / 1,174.88	\$945.32 / 883.00
HealthPartners Southeast	\$426.18 / 395.02	\$1,345.20 / 1,282.88	\$830.40 / 768.08
HealthPartners West	\$418.82 / 387.66	\$1,315.46 / 1,253.14	\$815.68 / 753.36
Medical Associates Health Plans	\$392.86 / 361.70	\$1,228.48 / 1,166.16	\$763.76 / 701.44
MercyCare Health Plans	\$421.88 / 390.72	\$1,154.80 / 1,092.48	\$821.80 / 759.48
Network Health	\$498.02 / 466.86	\$1,456.04 / 1,393.72	\$974.08 / 911.76
Quartz Central	\$485.34 / 454.18	\$1,382.34 / 1,320.02	\$948.72 / 886.40
Quartz UW Health	\$435.08 / 403.92	\$1,210.04 / 1,147.72	\$848.20 / 785.88
Quartz West	\$474.84 / 443.68	\$1,346.56 / 1,284.24	\$927.72 / 865.40
Robin with HealthPartners	\$447.26 / 416.10	\$1,431.12 / 1,368.80	\$872.56 / 810.24
Security Health Plan	\$585.46 / 554.30	\$1,542.66 / 1,480.34	\$1,148.96 / 1,086.64

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### **Monthly Premiums**

### "Medicare Some" Rates for Medicare Plus & IYC Medicare Advantage

When you select IYC Medicare Advantage or Medicare Plus to coordinate with your Medicare coverage, you can select a different health plan for your non-Medicare members. The rates below are for the IYC Health Plan design. Total monthly premiums are shown with and without Uniform Dental. Supplemental dental plans are available. See page 19 for dental information. For HDHP rates, visit our website.

Non-Medicare Health Plan	with IYC Medicare Advantage with / without dental	with Medicare Plus with / without dental	
Aspirus Health Plan	\$1,135.52 / 1,073.20	\$1,305.86 / 1,243.54	
Common Ground	\$1,160.18 / 1,097.86	\$1,330.52 / 1,268.20	
Dean Health Plan	\$1,024.76 / 962.44	\$1,195.10 / 1,132.78	
Dean Health Plan - Prevea360 East	\$1,109.80 / 1,047.48	\$1,280.14 / 1,217.82	
Dean Health Plan - Prevea360 West and Mayo Clinic Health System	\$1,208.82 / 1,146.50	\$1,379.16 / 1,316.84	
GHC of Eau Claire Greater WI	\$1,118.94 / 1,056.62	\$1,289.28 / 1,226.96	
GHC of Eau Claire River Region	\$1,237.12 / 1,174.80	\$1,407.46 / 1,345.14	
GHC of South Central Wisconsin	\$979.70 / 917.38	\$1,150.04 / 1,087.72	
HealthPartners Southeast	\$1,145.16 / 1,082.84	\$1,315.50 / 1,253.18	
HealthPartners West	\$1,122.78 / 1,060.46	\$1,293.12 / 1,230.80	
Medical Associates Health Plans	\$1,061.76 / 999.44	\$1,232.10 / 1,169.78	
MercyCare Health Plans	\$959.06 / 896.74	\$1,129.40 / 1,067.08	
Network Health	\$1,184.16 / 1,121.84	\$1,354.50 / 1,292.18	
Quartz Central	\$1,123.14 / 1,060.82	\$1,293.48 / 1,231.16	
Quartz UW Health	\$1,001.10 / 938.78	\$1,171.44 / 1,109.12	
Quartz West	\$1,097.86 / 1,035.54	\$1,268.20 / 1,205.88	
Robin with HealthPartners	\$1,210.00 / 1,147.68	\$1,380.34 / 1,318.02	
Security Health Plan	\$1,183.34 / 1,121.02	\$1,353.68 / 1,291.36	
State Maintenance Plan (SMP) - Dean Health Plan	\$1,296.72 / 1,234.40	\$1,467.06 / 1,404.74	
Access Plan by Dean Health Plan	\$1,614.44 / 1,552.12	\$1,784.78 / 1,722.46	
	(57.04.00)	0 5 11	



For <u>all</u> participants

# Step 3: Consider Supplemental Benefits

Get even more coverage by signing up for vision or dental insurance.

HDHP participants: don't forget to enroll in a Health Savings Account to save pre-tax money for health care expenses. You must enroll each year.

#### Health Savings Account (HSA) HDHP participants only

Use for health care expenses or additional retirement savings

#### What's special about the account:

- You own it the money stays with you even if you switch health plans
- Money in your account earns interest and when you have over \$1,000, you can invest your money in mutual funds
- Money is available as it is deposited
- After you turn 65, you can withdraw money for any purpose without penalty (though it will be taxed)

You must re-enroll each year. Visit **myoptumfinancial.com/etf** for enrollment instructions and a copy of the retiree application. To be eligible, you cannot have any other health coverage that pays for out-of-pocket health care expenses before you meet your IYC HDHP deductible, including Medicare A and B.

Retirees that opt out of the HDHP but keep an HSA open and active with Optum Financial will pay a monthly administrative service fee. Retirees enrolled in the HDHP/HSA benefit option are not required to pay the monthly administrative fee.

### **Optum** Financial®

1-833-881-8158 myoptumfinancial.com/etf

#### **Annual Contribution Limit:**

Individual: \$3,850 | Family: \$7,750

#### **Carryover Limit:**

Unlimited; All money carries over

**Annual Catch-Up Contribution Limit:** (Age 55-65 only) \$1,000



### **Dental Insurance**

#### **Step 1: Sign up for basic coverage**

Get covered for basic procedures such as cleanings, fluoride treatment, fillings, and orthodontia

#### **Uniform Dental**

Only available to those **enrolled** in health insurance under the State of Wisconsin Group Health Insurance Program

Or

Delta Dental PPO Plus Premier™ – Preventive Plan

Available to those **not enrolled** in Uniform Dental

#### **Step 2: Add more coverage if needed**

Get covered for items such as crowns, bridges, dentures, implants, and root canals

Delta Dental PPO™ -Select Plan

or

Delta Dental PPO Plus Premier™ -Select Plus Plan

### Monthly Cost (Premium)

The Uniform Dental premium is added to your health insurance premium. Preventive Plan, Select Plan, and Select Plus Plan are separate deductions.

	Uniform Dental	Preventive Plan	Select Plan	Select Plus Plan
Retiree	\$31.16	\$34.72	\$16.22	\$31.12
Retiree + Spouse			\$32.96	\$62.24
Retiree + Child(ren)			\$22.26	\$57.58
Family	\$77.90*	\$86.80	\$39.56	\$94.94

<sup>\*</sup>Medicare Some or Medicare All recipients pay a family rate of \$62.32

#### **Things to Note**

- Uniform Dental coverage mirrors your health insurance coverage. Example: If you elect family health insurance with dental, you will be enrolled in family dental coverage.
- Enrollment continues each year unless you cancel during the open enrollment period. You cannot cancel the Preventive, Select, or Select Plus plans mid-year without a qualifying event.
- Make sure your dentist is covered. The Select Plan has fewer in-network dentists than the Select Plus, Uniform Dental, and Preventive plans.

#### **Plan Administrator**



1-844-337-8383 etf.wi.gov/insurance/dental-insurance

All plans are offered through Delta Dental.

Create an account to find in-network providers, print ID cards, view your claims, and more!

### What is Covered

	Uniform Dental & Select Plan Preventive Plan		Select Plus Plan
In-Network providers (No out-of-network coverage)	Delta Dental PPO & Premier providers	Delta Dental PPO	Delta Dental PPO & Premier providers
Annual deductible	None	\$100 / person	\$25 / person
Annual benefit max	\$1,000 / person	\$1,000 / person	\$2,500 / person
Waiting period	None	None	None
Routine evaluations, dental cleanings, sealants, bitewing and panoramic X-rays, fluoride treatments, pulp vitality tests	100%	No coverage	No coverage
Fillings	100%	No coverage	No coverage
Anesthesia (general and IV sedation)	80%	50%	80%
Emergency pain relief	80%	No coverage	No coverage
Periodontal maintenance	100%	No coverage	No coverage
Crowns, bridges, dentures, implants	No coverage	50%	60%
Surgical extraction, root canal (endodontics), periodontics (except maintenance), oral surgery	No coverage	50%	80%
Non-surgical extractions (above gumline)	90%	No coverage	No coverage
Orthodontics coverage	50% (Under age 19)	No coverage	50% (Any age)
Orthodontics lifetime maximum	\$1,500	No coverage	\$1,500

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### Vision Insurance



Supplemental vision is administered by DeltaVision®, with EyeMed Vision Care.

### What is Covered

**Note:** This is a partial list of covered benefits. For all vision benefits, visit **etf.wi.gov/insurance/vision-insurance** or call 1-844-337-8383.

There are different costs if you choose to see an in-network provider or an out-of-network provider. Visit **www.eyemedvisioncare.com** to find in-network providers.

	In-Network Providers	Out-of-Network Providers	
Yearly routine exam copay	\$15 / person (covered up to twice a year for children)	Up to \$45 / person	
Eyeglasses exam copay	\$15 / person	Up to \$45 / person	
Contact lens exam copay	\$40 / person	Up to \$45 / person	
Retinal imaging copay	Up to \$39 / person	No coverage	
Frames	\$0 copay \$150 allowance* 20% off any cost over \$150	Up to \$70 / person	
Single vision eyeglasses copay	\$25 / person	Up to \$30 / person	
Bifocal eyeglasses copay	\$25 / person	Up to \$50 / person	
Conventional contacts	\$0 copay \$150 allowance* 15% off any cost over \$150	Up to \$105 / person	
Disposable contacts	\$0 copay \$150 allowance*	Up to \$105 / person	

<sup>\*\$150</sup> allowance allotted for one transaction per benefit period

### Monthly Cost (Premium)

The DeltaVision premium is an additional monthly cost, and is not included in your health insurance premium.

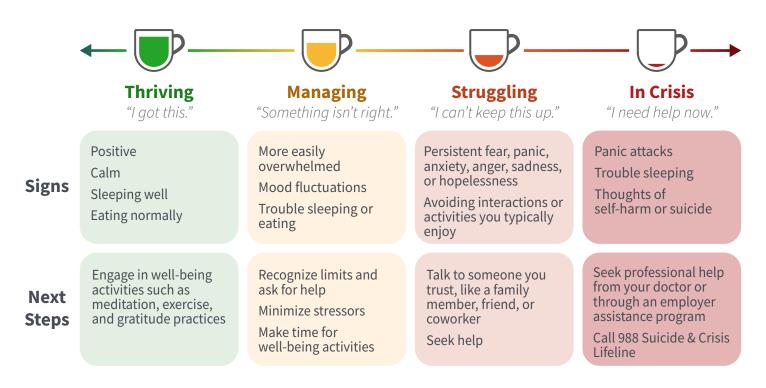
Retiree	Retiree + Spouse	Retiree + Child(ren)	Family
\$5.72	\$11.42	\$11.42	\$13.41

### Things to Note

- Must re-enroll in vision at retirement.
- Enrollment continues each year unless you cancel during the open enrollment period.
- You cannot cancel vision insurance mid-year without a qualifying event.

### Your Mental Health Matters

Mental health is just as important as physical health. Recognize signs and symptoms that may start interfering in your daily life.





### Call or Text 988 for Mental Health Support

Call or text 988 for free and confidential support for anyone experiencing a suicidal, mental health, and/or substance use crisis. Learn more or use the chat feature at **988lifeline.org**.



#### Open Enrollment: September 26 - October 21, 2022

Mailed application must be postmarked by October 21, 2022



**1-877-533-5020** 7:00 a.m. to 5:00 p.m. (CST) Monday-Friday



PO Box 7931 Madison, WI 53707-7931





### Health Plan and Vendor Contact Information

#### **Aspirus Health Plan**

1-866-631-8583

p1.aspirushealthplan.com/etf

#### **Common Ground Healthcare**

Cooperative

Offered in partnership with GHC of Eau Claire

See GHC of Eau Claire for contact information

#### **Dean Health Plan**

1-800-279-1301

deancare.com/wi-employees

#### Dean Health Plan - Prevea360

1-877-230-7555

prevea360.com/wi-employees

#### **Delta Dental**

1-844-337-8383

deltadentalwi.com/state-of-wi

#### **DeltaVision with EyeMed Vision Care**

1-844-337-8383

deltadentalwi.com/state-of-wi-vision

#### **GHC of Eau Claire**

1-888-203-7770, 715-552-4300 group-health.com

#### **GHC of South Central Wisconsin**

1-800-605-4327, 608-828-4853

ghcscw.com

#### **HealthPartners Health Plan**

1-855-542-6922, 952-883-5000 healthpartners.com/stateofwis

HealthChoice (long-term care

insurance)

1-800-833-5823

#### **Medical Associates Health Plans**

1-866-421-3992

mahealthcare.com

#### MercyCare Health Plans

1-800-895-2421 option 5

mercycarehealthplans.com

#### **Navitus Health Solutions**

1-866-333-2757

www.navitus.com

#### Navitus MedicareRx (PDP)

(Prescription drug coverage for Medicare eligible retirees)

1-866-270-3877

medicarerx.navitus.com

#### **Network Health**

1-844-625-2208, 920-720-1811 networkhealth.com/employer/state

#### **Optum Financial**

1-833-881-8158

myoptumfinancial.com/etf

#### Quartz

1-844-644-3455

ChooseQuartz.com

#### **Robin with HealthPartners**

1-855-542-6922

healthpartners.com/etfrobin

#### **Securian Financial**

1-866-295-8690

www.LifeBenefits.com/plandesign/

WIETF

#### Security Health Plan

1-844-813-7286

www.securityhealth.org/state

**ServeYou** (mail-service pharmacy)

1-800-481-4940

serve-you-rx.com/navitus/

#### UnitedHealthcare

1-844-876-6175

UHCRetiree.com/etf

#### WebMD

1-800-821-6591

webmdhealth.com/wellwisconsin

**Nondiscrimination and Language Access** ETF provides free language services to people whose primary language is not English, such as qualified interpreters. If you need these services, contact ETF at 1-877-533-5020.

Spanish – ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-533-5020 (TTY: 711). Hmong – LUS CEEV: Yog tias koj xav tau kev pab txhais lus. Peb pab koj tau, peb pab koj dawb xwb, thov hu rau 1-877-533-5020 (TTY: 711).

For EEOC, COBRA, ACA marketplace and more federal and state notices, visit etf.wi.gov

Every effort has been made to ensure information in this guide is accurate. In the event of conflicting information, federal law, state statute, state health contracts and/or policies and provisions established by the State of Wisconsin Group Insurance Board shall be followed. The most current information can be found at etf.wi.gov.