

Find health and closer connection.

## **Connect With Others Like You.** Join the Togetherall community today.

Connecting with others who have had similar experiences, even if we don't know them, can make us feel like we belong to a community that understands. That's why the Well Wisconsin program now includes Togetherall, an anonymous online community available 24/7 to all either looking for mental health support or a sense of connection.

## HOW DO I USE TOGETHERALL?

Discuss what's on your mind and gain support from other members in a space moderated by licensed mental health clinicians to keep you safe. Or check out subgroups dedicated to specific identities (Parents & Caregivers, Educators, First Responders and more) allowing you to connect with others who share similar experiences.

## **SIGN UP TODAY!**

Log in to the Well Wisconsin portal at **webmdhealth.com/wellwisconsin** and click the Togetherall card or scan the QR code.



I need my own space back. I just can't!

Welcome back, what's on your mind?

back at college...

nine III

anyone else struggling today?





